

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قال الله تعالى

أَلَمْ تَرَ أَنَّ اللَّهَ سَخَّرَ لَكُمْ مَا فِي الْأَرْضِ وَالْفُلْكَ تَخْرِي
فِي الْبَحْرِ بِأَمْرِهِ وَيُمْسِكُ السَّمَاءَ أَنْ تَقَعَ عَلَى الْأَرْضِ إِلَّا
بِإِذْنِهِ إِنَّ اللَّهَ بِالنَّاسِ لَرَءُوفٌ رَّحِيمٌ

صدق الله العظيم

سورة الحج الآية 65

Dedication

To pure soul of my father

To my mother who taught us to stand no
matter how circumstances change

To my brother and my sister

To my friends

To those helped me in my way

Mohamed Abd Elmonem Abd Elatif Mohamed

ACKNOWLEDGEMENT

First of all thanks to Almighty Allah for giving me strength and support to complete this research.

I would like to express my deep thanks and appreciation to my supervisor Dr.Nassr Eldin M.A for his supervision, suggestion, encouragement and support throughout this dissertation.

Also I would like to express my deep thanks to central laboratory ministry of science and communication whom helped me to analyze the sample in proper way.

Thanks are extended to all staff of clinical chemistry department in Sudan University of Science and Technology for their help and support.

Very special thanks to Sudanese H.I.V patients who allow us to take sample for these study

Abstract

Descriptive cross-sectional study was conduct in the Voluntary Counseling and Testing Center (VCT) center in bashaer hospital in Khartoum, the aim of the present study to assess plasma Zinc and copper Levels among Sudanese HIV Patients and correlate it with age, sex and duration of infection

Blood samples obtained from 40 HIV sero-positive individuals and 18 healthy controls from the same community were analysed for zinc, and copper and using atomic absorption spectroscopy device. Then data were analyzed by statistical (SPSS version 16) computer software.

The results of the present study showed that, there was significant increase in the mean plasma copper levels in HIV patients ($22.9 \pm 1.7 \text{ } \mu\text{mol/L}$) when compared with control group($16.3 \pm 3.3 \text{ } \mu\text{mol/L}$) with ($P\text{-value} < 0.05$). Also there was significant decrease in the mean plasma zinc levels in patients($7.1 \pm 0.95 \mu\text{mol/L}$) compared with control group($11.5 \pm 3.07 \text{ } \mu\text{mol/L}$) with ($P\text{-value} < 0.05$). In addition the present study showed weak positive correlation between copper level and duration of disease($r = 0.197$, $p\text{-value} = 0.223$) and age of patients ($r = 0.385$, $p\text{-value} = 0.05$). Insignificant difference when compared the of plasma copper level between male ($22.8 \pm 7.3 \mu\text{mol/L}$)and

female ($23.2 \pm 3.16 \text{ } \mu\text{mol/l}$) in HIV patients ($p.\text{value} = 0.451$). The results of the present study showed that, there is strong negative correlation between plasma zinc levels and duration of disease ($r = -0.552$, $p.\text{value} = 0.00$) And age of patients ($r = -0.690$, $p.\text{value} = 0.01$). and insignificant difference when Compare plasma zinc level between male ($7.1 \pm 0.92 \text{ } \mu\text{mol/l}$) and female ($7.3 \pm 1.03 \text{ } \mu\text{mol/l}$) in HIV patients ($p.\text{value} = 0.554$).

In Conclusion these study demonstrated decreased mean plasma zinc in HIV seropositive cases when compared with the controls, conversely copper were increased when compared with the controls

مستخلص البحث

هذه الدراسة وصفية مقطعية اجريت في مركز الفحص الطوعي لايذز في مستشفى بشائر في الخرطوم ، والهدف من الدراسة هو تقييم مستويات الزنك والنحاس في البلازما لدى مرضى نقص المناعة المكتسبة وارتباطها مع العمر، الجنس وفترة الاصابة بالمرض .

تم اخذ العينات لدراسة من 40 مصابا بمرض الايدز وكذلك 18 من الأصحاء كمجموعة ضابطة وقد تم قياس الزنك والنحاس بواسطة جهاز الامتصاص الذري وقد تم تحليل البيانات عن طريق برنامج التحليل الاحصائي النسخة 16.

وقد وجد في النتائج زيادة ملحوظة في مستوى النحاس (22.9 ± 1.7) و كذلك وجد (16.3 ± 3.3) $\mu mol/L$ مقارنة بمجموعة الأصحاء 11.5 ± 3.07 $\mu mol/L$ نقصان في ملحوظ في معدل الزنك

مقارنة بمجموعة الأصحاء (11.5 ± 3.07) $\mu mol/L$.

بالإضافة أظهرت الدراسة ضعف علاقة إيجابية بين مستوى النحاس ومدة المرض ($r = 0.385$ ، $p.value = 0.223$) وعمر المرضى . (الفرق ضئيلا عند المقارنة بين مستوى البلازما (22.8 ± 23.2) $\mu mol/L$ النحاس بين الذكور (22.8 ± 23.2) $\mu mol/L$ وبين الإناث (11.5 ± 3.07) $\mu mol/L$) في المرضى بفيروس نقص المناعة البشري ($p.value = 0.451$).)

وأظهرت نتائج الدراسة أن هناك علاقة سلبية قوية بين مستويات الزنك وعمر المرضى ($r = 0.552$ ، $p.value = 0.00$). (الفرق ضئيلا عند المقارنة بين مستوى البلازما ومدة المرض ($r = -0.690$ ، $p.value = 0.01$).. وإناث (7.1 ± 0.95) $\mu mol/L$ مستوى الزنك في البلازما الذكور (7.1 ± 0.92) $\mu mol/L$)

1.03 $\mu\text{mol/l}$ ($p.\text{value} = 0.554$) .

في خاتمة هذه الدراسة أظهرت انخفاض الزنك في البلازما في حالات الاصابة بفيروس نقص المناعة البشرية بالمقارنة مع الضوابط، وزادت على العكس في النحاس بالمقارنة مع الضوابط.

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ABBREVIATION

HIV Human Immune-Deficiency virus

AIDS Acquired Immune -Deficiency Syndrome

VCT Voluntary Counseling and Testing Center

RDA Recommended daily allowance