قال تعالى:

﴿ وَعَلَّمَ آَدُمَ الْأَسْمَاء كُلَّهَا ثُمَّ عَرَضَهُمْ عَلَى الْمَلاَئِكَةِ فَقَالَ أَنبُونِي الْمَلاَئِكَةِ فَقَالَ أَنبُونِي وَالْمُناء هَوُلاء إِن كُنتُمْ صَادِقِينَ ﴿ 31 ﴾ قَالُواْ سُبْحَانَكَ لاَ عِلْمَ لَنَا إِلاَّ مَا عَلَمْتَنَا إِنْكَ أَنتَ الْعَلِيمُ الْحَكِيمُ ﴿ 32 ﴾ عَلَمْتَنَا إِنْكَ أَنتَ الْعَلِيمُ الْحَكِيمُ ﴿ 32 ﴾

سورة البقرة - الآية ﴿ 31 - 32 ﴾

Dedication

I dedicate this research to God Almighty my creator, my strong pillar, my source of inspiration, wisdom, knowledge and understanding, He has been the source of my strength through this program.

I also dedicate this research work to my supervisor DR. Elias Siddig who never failed to teach and guide me.

To my family who supports me in every things, most of all to my father who taught me the best kind of knowledge to have is that which is learned for its own sake. To my mother who taught me that even the largest task can be accomplished if it is done one step at a time.

To my friends who helped me to finish this project.

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I would like to express my gratitude for our hospitals hearted co-operation and guidance .I am also thankful for their encouragement and for all the facilities that they provided for this project work. I sincerely appreciate this magnanimity by taking me into their fold for which I shall remain indebted to them.

I take special pleasure in acknowledging to Sudanese atomic commission for his willingness in providing me with necessary equipment and constant support and without this effort would have been worthless.

Abstract:

Ionizing radiation can cause harm and a systematic approach should be applied to ensure that there is a balance between being able to utilize the benefits from medical uses of ionizing radiation and minimizing the risk of radiation effects to patients, workers and members of the public.

This study was conducted in Khartoum state hospitals, centers, and a number of private hospitals which are about 12 hospitals and centers in the period from March 2016 to November 2016. The aim of this study was to survey personal radiation protection for technicians, radiologist, patient and other workers, ensure that there are appropriate protective equipment are provided, and to ensure that the standard of radiation protection program in all aspects were applied. Methods used questionnaire, observations, and measurements.

The study revealed that 55% of the study population is concerned about radiation protection program, and recommendations were developed to improve this percentage.

المستخلص:

الإشعاع المؤين يمكن أن يسبب الأذى وينبغي تطبيق نهج منتظم لضمان أن يكون هناك توازن بين القدرة على الاستفادة من فوائد الاستخدامات الطبية للإشعاعات المؤينة والتقليل من خطر الآثار الإشعاعية للمرضى والعاملين والعامه.

وقد أجريت هذه الدراسة في مستشفيات ولاية الخرطوم_عدد من المستشفيات الخاصة والحكومية والمراكز الصحية_والتي عددها 12 مستشفي ومركزا صحيا في الفتره من مارس 2016 الى نوفمبر 2016 . وكان الهدف من هذه الدراسة تقييم مستوى الحماية من الأشعة الشخيصية لفنيي الأشعة ، المريض وغيرهم من العاملين، وضمان أن معدات الوقاية من الأشعة يتم توفيرها، وضمان ان برنامج الحماية من الإشعاع يتم تطبيقه من جميع النواحي. استخدمت طرق الاستبيان والملاحظات والقياسات لتقييم مستوى الحماية.

كشفت الدراسة ان 55% فقط من عينة الدراسة تقوم بتطبيق برنامج الحماية من الإشعاع، ووضعت توصيات لتحسين هذه النسبة .

Table of contents

Chapter One Into	roduction
1.1 General view	
1.2 Problem statement	
1.3 Objectives	
1.3.1 General objectives	
1.3.2 Specific objectives	
1.4 Methodology	2
1.5 Thesis layout	2
Chapter Two T	heoretical Fundamentals
2.1 X-Ray radiation	<u> </u>
2.1.1 Radiation source	4
2.1.2 X-Ray properties	4
2.2 X-Ray hazard	5
2.3 X-radiation protection	8
2.3.1 International standard	9
2.3.2 General rule for radiation protection	
2.3.2.1 The radiation safety division and A	LARA 10
2.3.2.2 PIS, radiation workers and ALARA	A 11
2.3.2.3 Mitigation of external radiation exp	posure 11
2.3.3 Important points to remember	12
2.4 Radiation dose	
2.4.1 Interventional radiology and fluorosc	copy 13
2.5 personal protective equipment	
2.5.1 Maintaining PPE	
2.5.2 Storage for PPE	
2.5.3 Provision and replacement of PPE	
2.5.4 Duties of employees regarding PPE	
2.5.5 Types of PPE	
2.6 General X-Ray room	24
Chapter Three Background studies	Background Studies26

	34
	34
	34
	34
	34
······································	51
Case Study	
······································	52
	52
	52
	52
· · · · · · · · · · · · · · · · · · ·	53
	55
	56
	5
Discussion	
	58
Conclusion and Recommendations	
	63
	64
	65
	Case Study Discussion Conclusion and Recommendations

List of Tables:

Table (2.1): Approximate estimates of the chance or risk of radiation	6
Table (2.2): Maximum Annual Occupational Dose Limits	12
Table (2.3): general dose for fluoroscopy	14
Table (2.4): common radiation exposures	14
Table (2.5): biologically significant radiation exposures	15
Table (2.6): Permissible dosage equivalents recommended by ICRP	16
Table (4.1) responsibility for unnecessary exposure	35
Table (4.2) radiation safety committee	36
Table (4.3) safety of radiology department	37
Table (4.4) dimensions of X-Ray film room	38
Table (4.5) provided meal for workers	39
Table (4.6) measuring of radiation dose annually for workers	40
Table (4.7) ten days rule for female patient	41
Table (4.8) radiation protection officer within the department	42
Table (4.9) annual vocation	43
Table (4.10) reject analysis system in the department	44
Table (4.11) asking about previous X-Ray film	45
Table (4.12) radiation protection available for staff and patients	46
Table (4.13) daily working hours for workers	47
Table (4.14) hospitals that got the license from the SAEC	48
Table (4.15) training of employees to the standards of protection	49
Table (4.16) running of QC in the department	50
Table (4.17): Result of data analysis	51
Table (5.1): Specifications of X-Ray machine	52
Table (5.2) measure the leakage at the glass window	56
Table (5.3) measure the leakage at the door	57

List of Figure:

Figure (2.1a): X-Ray as a part of the electromagnetic spectrum	3
Figure (2.1b): X-Ray	4
Figure (2.2): Eye protection (glasses)	19
Figure (2.3): hand protection (gloves)	20
Figure (2.4): Body protection.	21
Figure (2.5): Standard Thyroid Collar	22
Figure (2.6): TLDs	24
Figure (4.1): responsibility for unnecessary exposure	35
Figure (4.2): radiation safety committee	36
Figure (4.3): safety of radiology department	37
Figure (4.4): dimensions of X-Ray room	38
Figure (4.5): provided meal for workers	39
Figure (4.6): measuring of radiation dose annually for workers	40
Figure (4.7): ten days rule for female patient	41
Figure (4.8): radiation protection officer within the department	42
Figure (4.9) annual vocation	43
Figure (4.10) reject analysis system in the department	44
Figure (4.11) asking about previous X-Ray film	45
Figure (4.12) radiation protection available for staff and patients	46
Figure (4.13) daily working hours for workers	47
Figure (4.14) hospitals that got the license from the SAEC	48
Figure (4.15) training of employees to the standards of protection	49
Figure (4.16) running of QC in the department	50
Figure (5.1A) RADos	54
Figure (5.1B) RADos	54
Fig (5.2 C): measurement procedure.	55
Fig (5.2 D): measurement procedure	56

Abbreviations:

CT Computed tomography

UK United Kingdom

US United State

FDA Food and Drug Administration

ICRP International Commission on Radiological Protection

IAEA International Atomic Energy Agency

ICRU International Commission on Radiation Units and Measurements

ALARA As Low As Reasonably Achievable

RSO Radiation Safety Organization

RSD Radiation Safety Division

PIs Practical Investigation

ED Emergency Department

TLDs Thermal luminescent Detectors

SAEC Sudanese Atomic Energy Commission

PPE Personal Protective Equipment