## **Dedication**

To the dearest persons in my life parents, brothers and sisters.

To" his" who has always been there for me and supported me in ways, that cannot expressed in words.

# Acknowledgment

I would like to thank everyone who help me in way or another to make this work appear to light especial thanks to RICK staff (technicians), Biostatistics office (RICK) and my colleague.

Special vote of thanks to Dr/ Mohammed Ahmed Ali, my supervisor.

#### **Abstract**

The cervical carcinoma is a common type of malignant tumor among Sudanese female during the last years. The conventional external radiation therapy is common model of treatment for cervical carcinoma in (RICK). The radiation of such cases implemented via four field (Box technique), 2 anterior & 2 posterior & 2 lateral opposed field, as central dose calculation giving a dose of 5000 cGy to 6000 cGy fractionated into 25-30 fractions.

The marks of the field line at the promontory of the sacral cephalic and at the opturator foramen caudally and laterally at the bony pelvic by 1cm.

The main objective of this research is to determine the dose received by rectum & bladder (critical organs), out of central dose calculation versus off Axis dose calculation to (day's method). To fine out of the dose received by balder in each technique.

The data obtained by using simulator and radiation oncological computerizing system (ROCS). The result are analyzed by using statistical processing for social science program (SPSS) that shows the main dose received by bladder in the cases of C.D technique (61.2%) which is result of total irradiation dose for the bladder. In case of O.A.D technique the total dose will be (79.5%).

In rectum irradiation cases, when using C.D technique the total dose received is (59.7%) while in O.A.D technique cases it will be (54.6%).

The increment of dose received by the rectum and bladder is due to utilizing of wider width of the field size for lateral irradiation. To score the aim of international atomic energy agency (IAEA) and (ALARA) principal "as low as reasonable achievable", we have to use O.A.D calculation and countdown the lateral field width to include the target volume only, also it will be better to use simulator to obtain the anatomical structures on the contour or will be better to use C.T. Scan for calculation of dose at the side of interest.

### الخلاصة

سرطان عنق الرحم من السرطانات السائدة في السودان بين النساء في السنوات الأخيرة. يتم علاجه بصورة روتينية في مستشفى العلاج بالأشعة في الخرطوم، ونموذج العلاج عن طريق الإشعاع من الخارج حيث تنفذ بطريقة التعرض للإشعاع من خلال ٤ مجالات (تقنية الصندوق) مجال أمامي وخلفي ومجالين جانبيين في منطقة الحوض وذلك بجرعة إشعاعية تتراوح بين ٥٠٠-٥٠٠ (سنتي جراي) في مدى ٢٥-٣٠ يوم.

حدود المجالات تقع على كل من الناتيء العصعصي رأسا وفتحات الساد سفليا ووحشيا على الامتداد العظمي للحوض.

أهداف هذا البحث هي: تحديد الجرعات الإشعاعية في كل من المستقيم والمثانة كأعضاء حرجة نتيجة لقياس الجرعة عند مركز الجسم مقارنة بطريقة داي وهي قياس الجرعة اللا مركزية.

تم الحصول على البيانات بواسطة كل من جهاز التماثل وجهاز منظومة الحاسوب لتشعع الأورام وتم تحليلها بواسطة برنامج علم الإحصاء الاجتماعي والذي أوضح أن في حالة استخدام مركز الجسم في المثانة الجرعة ٢١.٢% وهي الجرعة الكلية التي تعرضت لها المثانة وفي حالة استخدام الوضع اللا مركزي الجرعة الكلية هي ٩٩٠٠%.

في حالة تشعع المستقيم الجرعة المأخوذة في حالة مركز الجسم هي ٩٠/٥% وفي حالة اللا مركزية ٦٠٤٥%.

من أجل تحقيق مبدأ لارا وهيئة الطاقة الذرية العالمية يجب استخدام قياس الجرعة اللا مركزية وتقليل عرض المجال العلاجي الجانبي لتغطية منطقة الهدف، أيضا يستحسن استخدام جهاز التماثل للحصول على البيانات التشريحية أو استخدام الصور المقطعية باستخدام الحاسوب في قياس الجرعة الإشعاعية وتوزيعها في المنطقة المقصودة.

#### **Abbreviations**

1- AJCC: American Joint Committee on Cancer.

2- AP: Antero Posterior.

3- BCD: Bladder Central Dose.

4- BJR: British Journal of Radiology.

5-BOAD: Bladder Off Axis Dose

6- BSF: BackScatter Factor.

7- CIN: Cervical Intraepithelial Neoplasia.

8- COF: Collimator Factor.

9- COL: Collimator.

10- CT .: Cornputerized Tomography.

11- Cx : Cervix.

12- EQ: Equivalent Square.

13- EUGA: Examination Under general Anesthesia.

14- FIGO: International Federation of Gynecologists and Obstetrician.

15- HPV: Human Papiloma Virus.

16- IAEA: International Atomic Energy Agency.

17- IPD: Inter planning Distance.

18- INVSQR: Inverse Square.

19- LEEP: Loop Electrosurgical Excision Procedures.

20- OAD: Off Axis Dose.

21- PA: Postero Anterior.

22- PRIOAF: Primary Off Axis Factor.

23- PTB: Primary Transmission Block.

24- RCD: Rectum Central Dose.

25- ROAD: Rectum Off Axis Dose.

26- ROCS: Radiation Oncological Computerized sestem.

27- RT.: Radiotherapy.

28- SCTOAF: Scatter Off Axis Factor.

29- SPD.: Scatter Phantom Distance.

30- SPR: Scatter Phantom Ratio.

31- SPSS. : Statistical Processing for Social Science.

32- SSD.: Source Skin Distance.

33- T.D.: Tumor Dose

34- TF: Transmission Factor

35- TPR: Tissue phantom

36- TPS: Treatment Planning System

### **Table of contents**

Topic	Page number
Dedication	I
Acknowledgment	II
Abstract	III
الخلاصة	IV
Abbreviation	IX
Table of contents	VI
List of figures	VII
Chapter One	
1.1 Introduction	1
1.2 Hypothesis	2
1.3Objectives	3
1.4 Thesis outline	4
Chapter Two	
2.1 Literature	5
Chapter Three	
3.1 Methodology of the study	28
Chapter Four	
4.1Result & Discussion	31
Chapter Five	
5.1 Conclusion	38
5.2 Recommendation	40
5.2 References	41
5.3 Appendix	42

# List of figures

number	Capture of figure	Page number
4.1	the frequency % of patients and relative applied TD dose in cGy	31
4.2	the dose received by bladder in C.D. technique. In which there is 12.5% of the patients were irradiated using CD technique, 28.1%	32
4.3	the dose received by bladder in OAD technique versus the No. of patients'%	33
4.4	shows the dose received by Bladder from CD and OAD techniques	34
4.5	shows the dose received by rectum in Central Dose technique	35
4.6	shows the dose received by the rectum in OAD technique	36
4.7	shows a comparison between Central Dose and Off Axis Dose techniques	37

بسىم الله الرحمن الرحيم

# Sudan University for Science and Technology College of Graduate studies

# **Assessment of Dose Received By Bladder And Rectum In External Cervical Carcinoma Irradiation**

تقويم جرعة الأشعة للمثانة المستقيم في علاج سرطان عنق الرحم بالاشعاع من الخارج

A Thesis Submitted For Partial Fulfillment of The Requirement of The M.SC. Degree In Radiation Therapy Technology

By:

Hadeel Mohammad Tawfeeq Hamid Alsaied

B.Sc.(Honors) In Radiation Therapy Technology

Supervisor:

Dr. Mohammad Ahmad Ali Omar

September 2010