# بسم الله الرحمن الرحيم

#### قال تعالى:

{ فَتَبَسَّمَ صَاحِكاً مِّنِ قَوْلِهَا وَقَالَ مَ بَ أَوْنَمِ عْنِي أَنْ أَشْكُ رَغْمَتُكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى وَالدَي وَأَنْ أَعْمَلَ صَالِحاً تَرْضَاهُ وَأَدْ خِلْنِي بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ } وَعَلَى وَالدَي وَأَنْ أَعْمَلَ صَالِحاً تَرْضَاهُ وَأَدْ خِلْنِي بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ }

صدق الله العظيم

سورة النمل الآية 19

# **DEDICATION**

T <sub>0</sub>
My fatherwho worked hardly for us
T <sub>0</sub>
My mother who taught me how I could
Be human
T <sub>0</sub>
My beloved brothers , My friends and the people whom I respect For
their continuous support.

# **ACKNOWLEDGEMENTS**

All praise and thanks to ALLAH the Almighty, who blessed me with the courage for the preparation and completion of this study.

With a great deal of respect I want to thank my supervisor Dr. **Tariq Ahmed Hassan Karar**, who spared neither time nor effort in enlightening and helping me. I want to extend my deep thank to ustaz zeinab, ustaz abd elrahman Mohamed for unlimited helping in all steps until completion of this study.

I am very grateful to the staff of Almolazmeen hospital that supported me on this study.

It is a pleasure to express my respect, sincere thanks and gratitude to all test subject group for their agreement to participate in this study.

#### **Abstract**

A cross sectional study conducted during the period from April to August 2012 to evaluate of plasma calcium, magnesium, phosphorus and alkaline phosphatase levels in patients with bone fractures.

Eighty Sudanese patients with bone fracture were selected as a test group from Almolazmeen private hospital in Khartoum state, Sudan. The test group was compared with a control group which included forty apparently healthy volunteers'.

Blood specimens were collected from both groups and plasma levels of Calcium, Magnesium, Phosphorus, and Alkaline phosphates were determined. Age and gender of the test group were matched with the control group.

Calcium, magnesium, phosphorus, and alkaline phosphatase were measured using enzymatic methods by using Biosystem commercial kits, statistical Package for social science (SPSS version11.5) computer software was used for data analysis.

Results of this study indicates that, Plasma level of calcium, magnesium, phosphorus, alkaline phosphates show no significant change occurred between the test group and the control group (there were no different between the two groups). Plasma level of calcium, magnesium, phosphorus, alkaline phosphatase didn't change after bone fracture.

Results of this study indicates that, Plasma level of calcium slightly increase with the increase in the duration of fracture.

Results of this study indicates that, Plasma levels of magnesium, phosphorus, alkaline phosphatase had no correlation with the duration of fracture.

Results of this study indicated that, Plasma levels of magnesium, phosphorus, alkaline phosphates had no correlation with the calcium level.

Results of this study indicated that, the age group of 20-30years the most affected by bone fracture.

In conclusion the present results of this study indicated that, male affected by bone fracture more than female.

#### مستخلص الدراسة

هذه الدراسة المقطعية أجريت خلال الفترة من ابريل حتى أغسطس 2012 لتحديد وتقييم مستويات الكالسيوم،المغنسيوم ,الفوسفور، والفوسفاتيز القلوية في السودانيين البالغين الذين يعانون من كسور العظام اختيروا كمجموعه اختبار من مستشفى الملازمين الخاص في ولاية الخرطوم السودان.المجموعة الاختيارية قورنت مع مجموعه المراقبة والتي شملت أربعين متطوعا أصحاء.

وقد تم جمع عينات الدم من كل الفئات ومستويات الكالسيوم والمغنيسيوم والفسفور، الفوسفاتيز القلويه في بلازما الدم حددت وتمت مطابقة العمر والجنس في مجموعة اختبار مع مجموعه المراقبة.

تم قياس الكالسيوم والمغنيسيوم والفسفور، والفوسفاتيز القلوية باستخدام أساليب الأنزيمية باستخدام مجموعات تجارية Biosystemوحزمة الطيف الإحصائية للعلوم الاجتماعية (SPSS version11.5)تم استخدام برامج الحاسوب لتحليل البيانات.

وأشارت نتائج هذه الدراسة أن مستوى الكالسيوم والمغنيسيوم والفوسفور والفوسفات القلوية في بلازما الدم لا توجد علاقة ذات دلاله احصائيه بين مجموعة الاختبار و مجموعه المراقبة (لم يكن هناك اختلاف بين المجموعتين) مستوى الكالسيوم والمغنيسيوم والفوسفور والفوسفات القلوية في بلازما الدم لم يتغير.

وأشارت نتائج هذه الدراسة أن البلازما مستوى الكالسيوم قد زاد زيادة طفيفة مع زيادة مدة الكسر و أيضا أشارت هذه الدراسة أن مستويات المغنيسيوم والفوسفور والفوسفات القلوية في بلازما الدم ليست لديها علاقة مع مدة الكسر.

وأشارت نتائج هذه الدراسة أن مستويات المغنيسيوم والفوسفور والفوسفات القلوية في بلازما الدم ليس لديها ارتباط مع مستوى الكالسيوم.

وأشارت نتائج هذه الدراسة أن الفئة العمرية من 20 إلى 30 سنه هم الأكثر تضررا من كسور العظام.

وفي الخلاصة أشارت النتائج الحالية لهذه الدراسة إلى أن الذكور أكثر إصابة بكسور العظام من الإناث.

# **Abbreviations**

FGF-23	Fibroblast Growth Factor – 23
OTA	Orthopaedic Trauma Association
ECF	Extra Cellular Fluid
TRPV6	Transient Receptor Potential Vanilloid 6
PMCA1	Plasma Membrane Ca <sup>2+</sup> ATPase 1
PTH	Parathyroid Hormone
EDTA	Ethylene Dimine Tetra Acetic acid
CAT	Convulsions, Arrythmias and tetany
ECG	Electro-Cardio-Graphy
ATP	Adenosine Tri Phosphate
RDA	Recommended Dietary Allowances
AI	Adequate Intakes
BAP	Bone-specific Alkaline Phosphates
ALP	Alkaline Phosphates
AMP	2-Amino-2Methyl-1-Propanol

### **Contents**

Contents		Page
Dedication		I
Acknowledgements		II
Abstract	Abstract	
لص الدراسة		V
Abbreviat	ions	VII
List of Ta		XII
List of Fig		XIII
	Chapter One INTRODUCTION	1
1.1	Introduction	1
1.2	Rational	2
1.3	Objectives	3
	Chapter Two LITERATURE REVIEW	1
2.1	Definition of Bone	4
2.1.1	Functions of bone	4
2.1.1.1	Mechanical function of bone	4
2.1.1.2	Synthetic Function of bone	5
2.1.1.3	Metabolic Function of bone	5
2.1.2	Formation of bone	5
2.1.3	Remodeling	6
2.1.4	Calcium balance	7
2.1.5	Bone volume	7
2.1.6	Repair	7
2.1.7	Paracrine cell signaling	8
2.1.8	Osteoblast stimulation	8
2.1.9	Osteoclast inhibition	8
2.2	Bone fracture	9
2.2.1	Classification of bone	9
2.2.1.1	By causes of fracture classification	9
2.2.1.2	Orthopedic classification	9
2.2.1.3	Orthopaedic Trauma Association classification	10
2.2.2	Other classification systems	10

ΙX

Signs and symptoms of bone fracture	11	
Bone healing	11	
Calcium	12	
Calcium location and quantity	12	
Normal ranges of calcium	12	
Corrected calcium level	13	
Absorption of calcium	13	
Excretion of calcium	14	
The role of calcium in bone	14	
Calcium regulation in the human body	14	
Pathology of calcium	15	
Hypocalcaemia	15	
Causes of hypocalcaemia	15	
Symptoms of hypocalcaemia	16	
Management of hypocalcaemia	17	
Phosphorus	18	
Sources of phosphorus	19	
Functions of phosphorus	19	
Phosphorus important to the human body	20	
Deficiency and toxicity of phosphorus	21	
The body Requirements of phosphorus	21	
Magnesium	22	
Sources of magnesium	22	
Alkaline phosphates	24	
Chapter THREE MATERIAL AND METHOD		
Material	25	
Study design, area and period	25	
Study population	25	
	Bone healing  Calcium  Calcium location and quantity  Normal ranges of calcium  Corrected calcium level  Absorption of calcium  Excretion of calcium  The role of calcium in bone  Calcium regulation in the human body  Pathology of calcium  Hypocalcaemia  Causes of hypocalcaemia  Symptoms of hypocalcaemia  Management of hypocalcaemia  Phosphorus  Sources of phosphorus  Functions of phosphorus  Phosphorus important to the human body  Deficiency and toxicity of phosphorus  The body Requirements of phosphorus  Magnesium  Sources of magnesium  Alkaline phosphates  Chapter THREE MATERIAL AND METHOD  Material  Study design, area and period	

3.1.3	Inclusion criteria	25
3.1.4	Exclusion criteria	25
3.1.5	Ethical consideration	25
3.1.6	Sampling	25
3.1.7	Data collection	25
3.1.8	Data analysis	26
3.2	Method	26
3.2.1	Method of determination of plasma calcium	26
3.2.1.1	principle	26
3.2.1.2	Composition and preparation of reagent	26
3.2.1.3	Procedure	26
3.2.1.4	Reference Value	26
3.2.2	Method of determination of plasma phosphorus	27
3.2.2.1	Principle	27
3.2.2.2	Composition and preparation of reagent	27
3.2.2.3	Procedure	27
3.2.2.4	Reference values	27
3.2.3	Method of determination of plasma magnesium	27
3.2.3.1	Principle	27
3.2.3.2	Composition and preparation of reagent	28
3.2.3.3	Procedure	28
3.2.3.4	Reference values	28
3.2.4	Method of determination of plasma alkaline phosphates (ALP)	28
3.2.4.1	Principle	28
3.2.4.2	Composition and preparation of reagent	28
3.2.4.3	Procedure	29

3.2.4.4	Reference values	29	
	Chapter FOUR RESULTS		
4	RESULTS	30	
Chapter FIVE DISCUSSION, CONCLUSION AND RECOMMENDATIONS			
5.1	Discussion	42	
5.2	Conclusion	44	
5.3	Recommendation	45	
References			
	References	46	
Appendixes			
	QUESTIONNAIRE	50	

### **List of Tables**

Table	Title	Page
4.1	comparison of the plasma level of calcium, magnesium,	32
	phosphorus and alkaline phosphates between the test and the	
	control group	

# **List of Figures**

Figure	Title	Page
4.1	A bar chart shows the Age group in the test group	33
4.2	A bar chart shows the place of fracture among test group	34
4.3	A scatter plot shows the Relationship between levels of Calcium in mg\dl and duration of fracture in days	35
4.4	A scatter plot shows the Relationship between levels of magnesium in mg\dl and duration of fracture in days	36
4.5	A scatter plot shows the Relationship between levels of phosphorus in mg\dl and duration of fracture in days	37
4.6	A scatter plot shows the Relationship between levels of alkaline phosphates in mg\dl and duration of fracture in days	38
4.7	Show Relationship between magnesium in mg\dl and calcium in mg\dl	39
4.8	Show relation between phosphorus in mg\dl and calcium	40
4.9	Show relation between alkaline phosphatase in IU\L and calcium in (mg\dl)	41