

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

(يَا أَيُّهَا الْإِنْسَانُ مَا غَرَّكَ بِرَبِّكَ الْكَرِيمِ

*

الَّذِي خَلَقَكَ فَسَوَّاكَ فَعَدَلَكَ *
فِي أَيِّ صُورَةٍ مَا شَاءَ رَكَّبَكَ)

صدق الله العظيم ...

الانفطار 6- 8

Dedication

To my father -----

Who always supported me in every endeavor

To my mother -----

Who is the reason I am here at all, and made me who I am today

To my wife and my kids

If I donated to you everything in this world, it is not enough to give you
your right

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Abbreviations

TPUS	TransPerineal Ultrasonography
TRUS	TransRectal Ultrasonography
TAUS	TransAbdominal Ultrasonography
PSA	Prostate Specific Antigen
DRE	Digital Rectal Examination
BPH	Benign Prostate Hyperplasia
TUNA	Trans Urethral Ablation
TUMT	TransUrethralMicrowave Thermootherapy
TURP	Trans Urethral Resection of the Prostate

Abstract

This study was carried out to determine the range of volumes of the prostate gland in adult Sudanese males in our local environment using supra-pubic

ultrasonography, and to provide acceptable range of normal prostate gland volumes.

A prospective random selection of fifty asymptomatic adult males were recruited and measurements of the maximum length, height and width of their prostate gland were obtained and the volume was calculated. Subjects were selected, if they had no complaints related to the urinary system or signs of urinary tract disease.

The transverse, AP and Longitudinal diameters mean values are (2.68) cm , (3.56) cm, and (3.02) cm respectively.

The mean prostate volume obtained from the above parameters was 15.24ml. these results are discussed in details , from the data obtained .

Finally, prostate volume measurement was conducted by using the ellipsoid formula which calculates volume by considering the largest anteroposterior height (H), transverse width (W), cephalocaudal length (L) diameters.

The findings show that prostate volume increases linearly with body weight and age.

ملخص البحث

هذه الدراسة اجريت لتحديد مدى قىلى معنى لحجم غدة البروستاتا لدى الرجل البالغين من السودانين الصحاء فى بيئتنا المحلية وذلك باستخدام الموجت فوق الصوتية

استخدمنا فى هذه الدراسة تقنية التصوير بالموجت فوق الصوتية على منطقة العانة وذلك بتسليط الموجت اسفل منطقة البطن. بهذه الطريقة يمكن الحصول على قىلست معيارية مقبولة لحجم البروستاتا الطبيعى

تم اختيار عينة عشوائية من 50 فردا من الرجل البالغين من السودانين الأصحاء وتم قياس الابعاد القصوى الثلاث لغدة البروستاتا وهي الطول والعرض والارتفاع

وجد ان متوسط قياسات تلك الابعاد هو 2.68 سم للعرض , 3.56 سم للطول و 3.02 سم الارتفاع, ون متوسط حجم غدة البروستاتا طبقا لهذه الابعاد , وباستخدام معادلة الاجسام بضاوية الشكل بضرب هذه الابعاد المذكورة فى الثابت 0.529 هو 15.24. مل

اثبتت الدراسة ان حجم البروستاتا يزيد طبقا لزيادة بعض العوامل كزيادة وزن الجسم وزيادة عمر الفرد, كما ان هناك عوامل قد تؤثر بطريقة غير مباشرة فى زيادة حجم البروستاتا كالحالة الاجتماعية للفرد والبيئة الحياتية والعوامل الجينية