#### نززا الله الزامن الزامن الزاميان الله المراقع عاليه الإرامية

قال تعالى:

سورة البقرة

الآية (32)

## **DEDICATION**

I dedicate the research to my family and many friends. A special feeling of gratitude to my parents, whose words of encouragement and push for tenacity ring in my ears.

# Acknowledgment

I should like to express my deep gratitude to my supervisor Dr. Caroline Edward Ayad for his valuable guidance, continuous efforts to finish this thesis as nice as possible, suggestions and concerned follow up for the duration of the study.

Special Thanks to Dr. Hussein Ahmed Hassan And Dr. Abdalrhman Mohammed Nour who never saved any Efforts to help us to get this project on its shape.

Finally we best wishes to all of our academic staff in Military Hospital and Modern Medical Center.

#### **Abstract:**

The objective of this prospective study were to evaluate the normal transverse abdominal aorta diameter in normal Sudanese patient using CT scan and correlate the measurements to the mean of patients' age, body surface area (BSA) and body mass index (BMI).

100 patients without cardiovascular disease with ages ranged between (18 - 20) years were included and patients with cardiovascular problems and congenital aortic anomalies were excluded. Axial CT with contrast image were obtained using CT machine with 120 KVP and 10mAs in the Radiology department (Modern Medical Center and Military Hospital).

The measurements of aorta were taken at the levels of T12 to L3 in cms for both ganders.

The results showed that the mean transverse diameter of abdominal aorta at levels of T12, L1, L2and L3 in females were  $(1.89\pm0.2)$ ,  $(1.69\pm0.2)$ ,  $(1.5\pm0.1)$ and  $(1.45\pm0.1)$  cms and in males were  $(2.1\pm0.3)$ ,  $(1.91\pm0.3)$ ,  $(1.68\pm0.2)$ and  $(1.54\pm0.2)$  cms respectively.

. Linear relationships between age, BMI and BSA and the Aorta transverse diameter (ATD) were noticed.

The transverse measurement for abdominal aorta in Sudanese peoples deferens from other populations.

### ملخص الدراسة:

الهدف من هذة الدراسة كان تقويم القطر العرضى الطبيعى للشريان الاورطى البطنى لدى المرضى السودانيين باستخدام الاشعة المقطعية الملونة للبطن وربط علاقتها مع العمر ومؤشر كتلة الجسم ومساحة سطح الجسم.

وتم اخذ العينة من (100) مريض اعمارهم تتراوح بين (18-80) سنة . وجميع العينة لايعانون من اى مشاكل في الجهاز القلبي الدموى او تشوهات خلقية في الابهر . واى مريض يعاني من هذة المشاكل تم استبعادهم من العينة . تم استخدام جهاز الاشعة المقطعية لقياس عرض الشريان الاورطى البطني في المحور الافقى بعد اعطاء المريض مادة ملونة للتباين وذلك في اقسام الاشعة المقطعية بالمركز الطبي الحديث والسلاح الطبي.

تم قياس الشريان الاورطى من مستوى الفقرة الصدرية الثانية عشر الى الفقرة البطنية الثالثة بالسنتمترات للذكور والاناث.

اوضحت النتائج ان متوسط عرض الشريان الاورطى البطنى عند مستوى الفقرة الصدرية الثانية عشر والفقرات البطنية الاولى والثانية والثالثة عند الاناث (1.89±0.0) و(0.2±1.69) و(0.1±0.5) و(0.1±0.5) و(0.1±0.5) و(0.1±0.5) على التوالى.

وجد ان هنالك علاقة خطية بين العمر ومؤشر كتلة الجسم ومساحة سطح الجسم مع القطر العرضى للشريان الاورطى البطنى .

وجد ان هنالك اختلاف بين القطر العرضى للشريان الاورطى البطنى لدى السودانين مقارنة مع الدراسات السابقة.

# LIST OF CONTENTS

Contents	Page No.	
الاية	I	
Dedication	II	
Acknowledgement	III	
Abstract (English)	IV	
Abstract (Arabic)	V	
List of contents	VI	
List of figures	X	
List of tables	XI	
Chapter one		
1-1 Introduction	1	
1-2 Problem of study	2	
1-3 Objectives	2	
1-4 Significance of study	3	
1-5 Overview of study	3	
Chapter two		
2.1 Aorta anatomy	4	
2.1.1 Structure of the Aorta	4	
2.1.1.1 Aortic root	4	
2.1.1.2 Ascending aorta	5	
2.1.1.3 Aortic arch	5	
2.1.1.4 Thoracic aorta	6	
2.1.1.5 Abdominal aorta	7	
2.1.2Branches of the Abdominal Aorta	7	
2.1.2.1 Celiac Artery	7	
2.1.2.2 Superior Mesenteric Artery (SMA)	8	
2.1.2.3 Middle Suprarenal Artery	8	
2.1.2.4 Renal Artery	9	
2.1.2.5 Gonadal Artery	9	
2.1.2.6 Lumbar Artery	9	
2.1.2.7 Inferior Mesenteric Artery	10	
2.1.2.8 Common Iliac	10	

2.2 Physiology of aorta	11	
2.2.1 The Pulmonary Circuit	12	
2.2.2 The Systemic Circuit	12	
2-3 pathology of aorta	13	
2.3.1Abdominal aorta stenosis	13	
2.3.2Atheroseclerosis	14	
2.3.3Aortic regurgitation	14	
2.3.4Aortic dissection	15	
2.3.5Abdominal aortic aneurysm	15	
2.4Previous studies	18	
Chapter three		
3-1 materials	23	
3-1-1study sample	23	
3-1-2 area and duration of study	23	
3-1-3 machine characteristics	23	
3-2 methods	24	
3-2-1 methods of scanning	24	
3-2-2methods of measurements	24	
33Data analyzes	25	
Chapter four		
Results	26	
Chapter five		
5-1 discussion	35	
5-2 conclusions	38	
5-3 recommendation	38	
References	39	
Appendix	41	

# LIST OF FIGURES

Figures caption	Page No.
Figure 2-1Anatomy of aorta	6
Figure 2-3 abdominal aorta	11
3.1: Show method of transverse abdominal aorta measurement.	25
Figure 4.1 The gender distribution	26
Figure 4.2 The sample demographic Data	27
Figure 4.3A scatter plot diagram shows a linear relationship between	29
the subjects age and Aorta transverse diameter(ATD)at T12	
Figure 4.4 A scatter plot diagram shows a linear relationship between	29
the subjects age and Aorta transverse diameter(ATD) at L1	
Figure 4.5 A scatter plot diagram shows a linear relationship between	30
the subjects age and Aorta transverse diameter(ATD) at L2	
Figure 4.6A scatter plot diagram shows a linear relationship between	30
the subjects age and Aorta transverse diameter(ATD) at L3	
Figure 4.7 A scatter plot diagram shows a linear relationship between	31
the subjects BMI and Aorta transverse diameter(ATD) at T12	
Figure 4.8A scatter plot diagram shows a linear relationship between	31
the subjects BMI and Aorta transverse diameter(ATD) at L1	
Figure 4.9 A scatter plot diagram shows a linear relationship between	32
the subjects BMI and Aorta transverse diameter(ATD) at L2	
Figure 4.10 A scatter plot diagram shows a linear relationship	32
between the subjects BMI and Aorta transverse diameter(ATD) at L3	
4.11 A scatter plot diagram shows a linear relationship between the	33
subjects BSA and Aorta transverse diameter(ATD) at T12	
4.12 A scatter plot diagram shows a linear relationship between the	33
subjects BSA and Aorta transverse diameter(ATD) at L1	
4.13A scatter plot diagram shows a linear relationship between the	34
subjects BSA and Aorta transverse diameter(ATD) at L2	
4.14 A scatter plot diagram shows a linear relationship between the	34
subjects BSA and Aorta transverse diameter(ATD) at L3	

# LIST OF TABLES

Tables caption	Page No.
Table 2.1 shows similar previous studies done for measurement	22
diameter of abdominal aorta	
Table 4.1 the patient classification according to gender	26
Table 4.2 The Sample Demographic Data(Males and Females)	27
Table 4.3 the Correlation between the variables	28
Table 4.4 The mean and Standard Deviation and P-value between	28
the variables	