

Whole sorghum 28% wheat bran

T1	71.2	76.3
T2	60.7	47
T3	70.7	79.1
T4	64.5	64.4

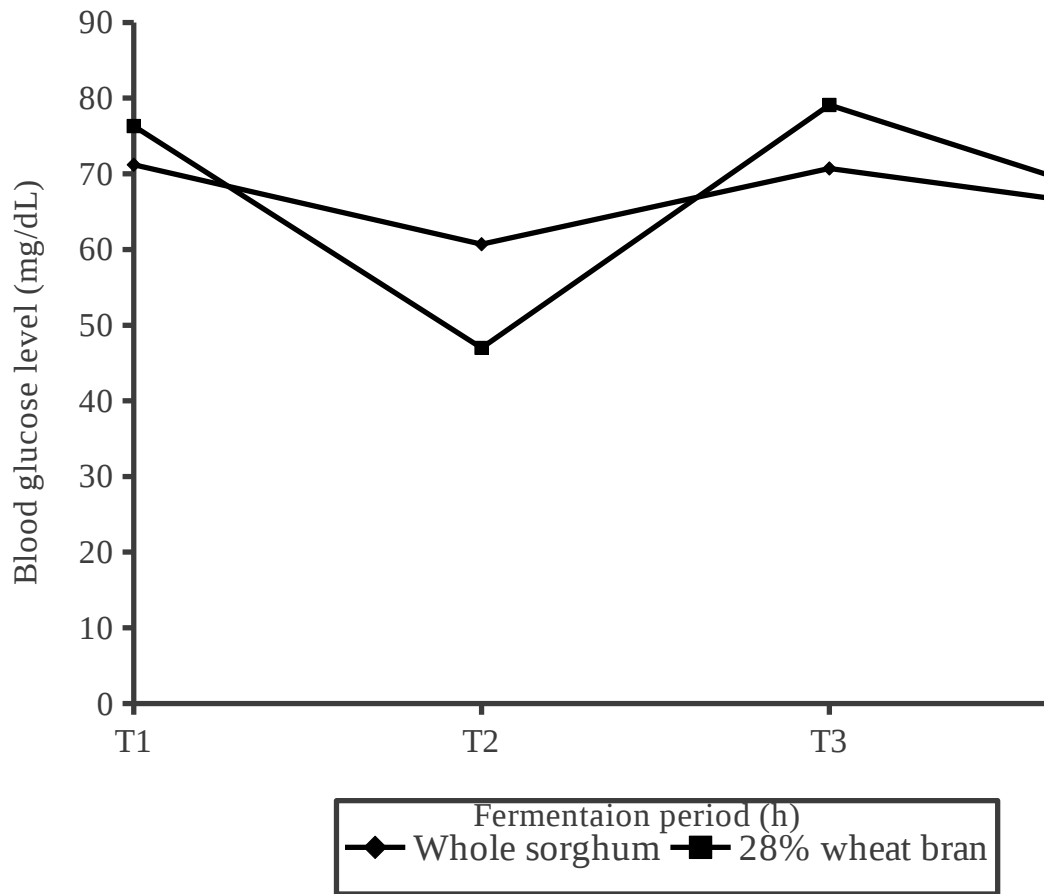


Fig. 11: Effect of 12 h. fermentation on blood glucose levels

Legend:

T1: Start point with starter

T2: 2h after fermentation with starter

T3: Start point without starter

T4: 2h after fermentation without starter



— T4

sugar level

