## Session (11): Dairy Production

## Use of Camel Milk for Curing Some Diseases: A survey Study in Khartoum State

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## **ABSTRACT**

The study was conducted in Khartoum State during the period December2015 to April 2016 to investigate the utilization of camel milk as therapy (cure) for certain diseases. The data was obtained mainly by using questionnaire distributed to 75 individuals representing Khartoum, Khartoum north and Omdurman area, 25 per each area. Results obtained indicated that all respondents (100%) agreed that camel milk can be consumed as cure for diseases and not depending on gender, age, occupation or educational level. The most common diseases in concern included the problems of digestive system, diabetes, malnutrition, blood pressure, sexual impotence, Cancer, in addition to many other diseases, the dose quantity in-take varies between 0.5-1 and 1-2pounds milk/day, and was taken early morning or night or combination of both, with or without other additives, fresh, strained and not boiled, health improvement of (97.3%) of the questionnaire consumers was reached after use, regardless of kind of disease to treat, (81.5%) of respondents used camel milk without being interested in type of breed, age, pasture and nutrition standard. Recommens to stimulate the awareness of camel milk consumption and their medical importance further studies should be performed about the importance of camel milk and their uses as therapy.

**Keywords:** *camel milk, disease, therapy*