



**SUDAN UNIVERSITY OF SCIENCE AND  
TECHNOLOGY**



**College of Graduate Studies**

**Nutritional Value of Doum Fruits and It's Effect on patients with  
High Blood Pressure**

**القيمة الغذائية لثمار الدوم ومدى تأثيرها على مرضى ارتفاع ضغط الدم**

By

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Department of Food Sciences and Technology,

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**(August, 2017)**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قال تعالى

(وَهُوَ الَّذِي أَنْزَلَ مِنَ السَّمَاءِ مَاءً فَأَخْرَجْنَا بِهِ نَبَاتَ كُلِّ شَيْءٍ فَأَخْرَجْنَا  
مِنْهُ خَضِرًا مُخْرِجًا مِنْهُ حَبًّا مُتَرَاكِبًا وَمِنَ النَّخْلِ مِن طَلْعِهَا قِنْوَانٌ دَانِيَةٌ  
وَجَنَّاتٍ مِّنْ أَعْنَابٍ وَالزَّيْتُونَ وَالرُّمَّانَ مُشْتَبِهًا وَغَيْرَ مُتَشَابِهٍ انظُرُوا إِلَى  
ثَمَرِهِ إِذَا أَثْمَرَ وَيَنْعِهِ إِنَّ فِي ذَلِكُمْ لَآيَاتٍ لِّقَوْمٍ يُؤْمِنُونَ)

صدق الله العظيم

سورة الأنعام الآية (99)

# **DEDICATION**

To my Family,

Teachers

and Friends ...

With respect.

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