

## **Dedication:**

This research dedicated to people who guide me to manage my life:

At first I dedicate this research to my spirit father my grandfather Mahgoub who guide me when I was young.

Dedicate this research my mother the person who burns to give me light to see the right way.

Dedicate this research to my father who gives me outlines to be good architect.

Dedicate this research every person guide me in this life my school teachers my university tutors and doctors.

Dedicate this research dear to Dr Awad Saad Hassan for his patience.

## Acknowledgement:

---

This research is written with full sense, full memory and data base in architectural design principles and process for sustainability in contemporary architecture .Thank the person who gave me guide lines to choose this topic my friend Architect-Ahmed Jaralla in addition to that I thank my father architect Elamin Elkhalifa for his advices in taking solutions for my research problems .

Then I thank my family –my mother Mona, my brother Mohammed, my sisters reema, reham , zeinab and all my friends who stand behind me .

In the other hand thank the university that I spent my best time full of composing my architectural basic knowledge university of Khartoum and all teaching staff in this university. Then I thank Sudan University of science and technology and the teaching staff in this university .Finally thank the person who was patient in reading this research Dr Awad Saad Hassn and his staff assistant specially tutor Damir branco who gave me guide line to organize my research topics.

## **1-1-abstract**

---

-Building use energy and resources and generate waste on huge scale. Current construction methods tie us in to future pattern of resources and energy use, waste and environmental damage. When architectural design is poor this point has side effects to environment and economic. One of key goal of this research reduction of carbon emissions by using sustainable materials this is an important aspect in sustainable design. Climate change and pollution has an impact in life style and sustainable design treats these factors to achieve to comfort life. Architect role is central to building design process, energy efficiency and environmental friendly buildings.

-Energy management is one of important factors in architectural design and sustainable design reduces energy that used in building operation.

-Sustainable design use construction technology and materials that help the architect to reduce energy use and waste.

Sustainable architecture is architecture that utilizes environmentally design techniques Sustainable architecture is framed by the larger discussion of sustainability and the pressing economic and political issue of our world.

The idea of sustainable design is ecological design.

-To achieve to comfort zone sometimes using air-conditioning and mechanical ventilation in addition to artificial lighting those need energy, sustainable design gives solutions to net zero energy and low energy use. Research objective resources conservation and comfortable internal environment and reduce pollution by using renewable sources of energy, water efficiency and use sustainable materials.

Methodology of this research is result of professional practice in eco buildings in addition to that case study city of sustainable design is a center uses sustainable design elements in consideration –LEEDS points more over its research center and show rooms for sustainable design building equipment's. The conclusion and recommendation for this research environmental design for buildings that have economic impact by reducing the running cost for the building with considering resident of the building in comfort zone with little energy or with zero energy building by use energy of the future and sustainable materials and water recycling system.

## المستخلص

المباني تستهلك الطاقة والموارد كما تولد نهاياته على نطاق واسع، طرق البناء الحالية تقود لنا في المستقبل إلى نمط من إستهلاك الموارد وإستخدام الطاقة والنفايات والأضرار البيئية عندما يُكون التصميم المعماري (طريق) يسببه ذلك مشكل بيئية وإقتصادية. واحد من الأهداف الرئيسية لهذا البحث تقليل إنبعاثاته الكربون بإستخدام مواد صديقة للبيئة وهي عنصر أساسي في التصميم المستدام. دور المعماري محوري في سير عملية التصميم بين فعالية إستخدام الطاقة وخلق مباني صديقة للبيئة. إدارة الطاقة واحد من أهم العوامل في التصميم المعماري والتصميم المستدام يقلل من الطاقة المستخدمة في تشغيل المبني. التصميم المستدام يقلل إستخدام الطاقة بإستخدام تقنياته تشيد مواد صديقة للبيئة كما تعمل على تقليل النفايات. التصميم المستدام هو الذي يوظف تقنياته التصميم البيئي. التصميم المستدام يأثر النقاش الكبير حول الاستدامة ويشكل ضغط إقتصادي وبيئي في كلمنا. فكرة التصميم المستدام هو التصميم البيئي. للوصول إلى الراحة المعمارية نستخدم التكييف والتسموية الميكانيكية بالإضافة إلى الإضاءة الصناعية وكلما تعااجم إلى طاقة، والتصميم المستدام يعطي حلول لإستخدام طاقة خالية من إنبعاثاته الكربونية أو التقليل من إستخدام الطاقة. الغرض من البحث التحكم في الموارد وخلق بيئة صديقة داخل المبني وتقليل التلوث بإستخدام مصادر الطاقة المتعددة بالإضافة إلى الاستخدام الفعال لمورد المياه استخدام مواد مستدامة. منهية البحث نتيجة لنبرة عملية في تصميم المباني البيئية بالإضافة إلى دراسة حالة مدينة التصميم المستدام حيث يلبي هذا المركز عناصر التصميم المستدام واضعا في الاعتبار نقاط (ليزر) بالإضافة إلى أنه مركز للبحوث إلا أنه يحتوي على حالات عرض لمتطلباته تصميم المباني المستدامة.

الخاتمة والتوصيات لهذا البحث تصميم بيئي للمباني حيث له أثر بتقليل تحفة تشغيل المبني مع الأنذ في الاعتبار أن قاطني المبني في راحة حرارية بإستخدام قليل للطاقة أو بإستخدام طاقة خالية من إنبعاثاته الكربون طاقة المستقبل وإستخدام مواد متعددة وتدوير المياه.

## **Table of Contents**

### **CHAPTER 1**

<b>General Introduction .....</b>	1
1-1-Summary and Classification .....	2
1-2-Research Problem.....	2
1-3-Aim of the Study .....	2
1-4Research Methodology .....	3
1-5-Conclusion .....	3

### **CHAPTER 2**

<b>Theoretical background for sustainability.....</b>	4
<b>Introduction .....</b>	5
2-1-What is The Sustainability? .....	5
2-2-Green Architecture .....	5
2-3-Sustainability and Comfort Living Style .....	6
2-3-1-Climate Zone: .....	6
2-3-2-Land use and Site Ecology: .....	7
2-3-3-Site Ecology:.....	8
2-3-4-Bioclimatic Design.....	8
2-4-Materials .....	8
2-4-1-Material Resources:.....	8
2-4-2-Low VOC Paints and Finishes:.....	10
2-4-3-Certified Wood Product: .....	10
2-4-4-Fly-Ash Concrete: .....	11
2-5-Construction:.....	12
2-5-1-Reinforced Concrete Buildings:.....	12
2-5-2-Steel Structure System:.....	12
2-5-3-Composite System: .....	12
2-6-Energy Flow and Energy Future: .....	12
2-6-1-Sources of Clean and Renewable Energy:.....	12
2-6-2-Energy Generation .....	12
2-6-3-Photovoltaic: .....	13
2-6-4-Wind power: .....	13
2-6-5Fuel cell: .....	14
2-6-6-Water Turbines: .....	14
2-6-7-Electricity production:.....	14

## **2-7-LIVING STYLE**

2-7-1-Internal Environment Control: .....	14
2-7-2-Super Glazing: .....	15
2-8-Energy Efficiency Active Technique: .....	15
2-8-1-Energy Conservation.....	15
2-8-2-Zero Energy Buildings .....	15
2-8-3-A low Energy Use.....	16
2-8-4-Green House Gas: .....	16
2-8-5-Pasive Solar Buildings Design.....	16
2-8-6Thermal Insulation: .....	16
2-8-7-Indor Air Environment: .....	16
2-8-8-Air Conditioning System and Natural Ventilation .....	17
2-8-9-Light and Air:.....	17
2-8-10-Lighting Design: .....	17
2-8-11-Daylighting: .....	18
2-8-12-Light Shelves: .....	18
2-9-Water Cycle: .....	19
2-9-1-Gray water: .....	19
2-9-2-Water efficiency:.....	19
2-9-3-Water treatment:.....	20
<b>2-10-METHOD OF MEASUREMENT</b> .....	20
2-10-1-A BRIEF INTRODUCTION TO LEED RATING SYSTEM:.....	20
2-10-2-LEED certified 29_32 points: .....	20
2-10-3-LEED silver 33_38 point:.....	20
2-10-4-LEED gold level 39_51 points:.....	20
2-10-5-LEED platinum 52 points: .....	20
2-11-Conclusion chapter two: .....	21

## **CHAPTER 3**

<b>ECO HOUSE</b> .....	23
3-1-Introduction.....	24
3-2-Main four Elements in Eco house .....	24
3-2-1-Eco materials .....	24
3-2-2-Active Technique .....	24
3-2-3- Passive Technique .....	24
3-2-4-Prefabs.....	24
3-3- Out Line View to Eco house .....	25
3-4+25 Questions to ask Architect : .....	25

3-5-Eco house and Eco Design .....	29
3-6- Introduction- Explanation for Eco design Technique that used in next building	30
Project1 .....	31
3-7-Energy performance evaluation for eco house.....	38
3-8-project eco design data base.....	41
3-9-Contemporary architecture eco house analysis .....	43
3-10-Explanation for Eco design technique that used in previous projects .....	48
3-11-Conclusion chapter three .....	48

## **CHAPTER 4**

<b><i>ELEMENT OF RESEARCH PROBLEM</i></b> .....	49
<b>4-INTRODUCTIO CH 4</b> .....	50
4-1-Where do we want to go? .....	50
4-2-Design matters: .....	50
4-3-Why architect:.....	50
4-4-Green design versus sustainable design: .....	51
4-5-Why now: .....	52
4-6-Approaching sustainability: .....	52
4-7-Place –based energy and resources .....	53
4-8-Principles for designing sustainably:.....	53
4-9-The following questions should be asked of design projects with considering sustainability: .....	53
4-10-Human Resource Planning and Sustainable Design.....	53
4-10-1-Human Resource Planning Input .....	53
4-10-2-Organization Structure .....	54
4-10-3-Human Resource Tools and Techniques .....	54
4-10-4-Organization Chart and Position Description .....	55
4-10-5-Hierarchical Chart.....	55
4-10-6-Matrix Based Chart .....	55
4-10-7-Networking .....	55
4-11-Conclusion chapter four .....	56

## **CHAPTER5**

### ***CITY OF SUSTAINABLE DESIGN***

<b>INTRODUCTION CH 5 .....</b>	58
5-1-Architectural Design Plan of Work:.....	58
5-2-Sustainable and Architectural Design three Building Phase.....	58
5-3-Design Composition.....	58
5-3-1-Sustainable Design Solutions: .....	59
5-4-Architectural drawings-Practical exercise .....	60

5-5Energy Performance Evaluation if Project in London .....	82
5-6Energy Performance Evaluation if Project in Riyadh.....	87
5-7 –Conclusion chapter five .....	95
<b>CHAPTER 6</b>	
<b>CONCLUSION AND RECOMMENDATION .....</b>	<b>95</b>
INTRODUCTION CH 6.....	96
6-1-1-Future of Sustainable Design.....	96
6-1-2-Sustainable Design Features: .....	96
Comfortable Visual Perspective: .....	96
Different Functions in Harmony.....	96
6-1-3-The Elements of Sustainable Methodology:.....	96
Understand the Climate Phase.....	96
Reduce Load.....	96
Use Free Energy .....	96
Use the most Efficient Technology Possible.....	96
6-1-4-The Principles of Sustainable Design.....	97
Principle 1----Respect for Natural System.....	97
Principle2----Respect for people the Human principle .....	97
Principle 3 ----Respect for place the Eco system Principle.....	97
Principle 4----Respect for the cycle of life the green Generation Principle.....	97
Principle 5----Respect of Energy Resource .....	97
Principle 6 -----Respect for the Process –The Holistic Thinking Principle .....	97
6-2-recommendations .....	98
6-3-Rcommendation for future Studies.....	99
References .....	100

## **Table of diagram:**

Figure 2.1 -Factors of Sustainable Design .....	6
Figure 2.2- The Basic Components of Passive Heating .....	7
Figure 2.3- Summer Shading and Winter Sunlight .....	8
<b>Figure 2. 4</b> -Materials cycle.....	<b>9</b>
<b>Figure 3. 1+2+3</b> -Energy performance evaluation for eco house .....	<b>38-40</b>
<b>Figure 3. 4to9</b> -Contemporary architecture eco house analysis .....	<b>43-47</b>
Figure 3.10 -House Layout That Make Solar Orientation .....	47

<b>Figure 4.1</b> - The three sphere of sustainability .....	<b>51</b>
<b>Figure 5. 1to21</b> -Architectural drawing practical exercise –City of sustainable design .....	<b>60-81</b>
Diagram5.22 -Ecosystem Equation .....	82
<b>Figure 5. 23+24+25</b> - Energy Performance Evaluation if Project in London .....	<b>83-85</b>
<b>Figure 5. 26+27+28</b> - Energy Performance Evaluation if Project in Riyadh .....	<b>88-90</b>
<b>Figure 5.29</b> -Sustainability.....	93
<b>Figure 5.30</b> -CO2 Emissions from one Building.....	94

### **Table of tables :**

<b>Figure 2.1</b> - Comparison of R Value for some Popular Types of Insulation .....	<b>16</b>
<b>Figure 2 .2</b> - Category type considered in rating building performance .....	<b>21</b>

### **Table of diagrams:**

<b>Diagram 2.1</b> - HVAC System.....	<b>17</b>
<b>Diagram 2.2</b> - Residential Gray Water System .....	<b>19</b>