

DEDICATION

To my beloved mother

My family

My Teachers

ACKNOWLEDGEMENTS

I would like to express my sincere thanks to Prof. Dr Sayed Ameer Gilani who choose for me this title and give me an encouragement to work on this topic

I would like to thank all who give us the chance to learn and love our job

My appreciation to all those who give their best advice, help and support during the entire course of this work.

ABSTRACT

The aim of this study was to evaluate the role of ultrasound in diagnosing and confirm the usefulness of the carotid plaque Intima media thickness.

To compare between the results of the atherosclerosis group and that of a controlled group.

Materials and Methods:

Noninvasive measurements of the intima and media of the common carotid artery was made with high-resolution ultrasonography in 30 subjects their age ranged from 20-70 years of age. Atherosclerotic patients compared with subjects without atherosclerosis disease (30 subjects) with 60 arteries.

Results:

The measurements of carotid-artery intima–media thickness of the atherosclerosis patients correlated with measurements relative risk of carotid-artery intima–media thickness of the controlled group The association between atherosclerosis and increase intima–media thickness remained significant.

Conclusion:

Increases in the thickness of the intima and media of the carotid artery, as measured noninvasively by ultrasonography, are directly associated with increased of age, atherosclerosis and can be as an assistant investigation for decreasing the risk of myocardial infarction and stroke.

الملخص العربي

الخلفية والعرض:

الهدف من هذه الدراسة هو تقييم دور التصوير بالموجات فوق الصوتية نمط (ب) لقياس سمك الشريان السباتي ومن ثم تشخيص الشريان السباتي .

الطريقة والمواد:

قمنا بفحص الشريان السباتي بالموجات فوق الصوتية وهي طريقة آمنة وغير مؤذية. وقمنا بقياس سمك الشريان السباتي للمرضى الذين لديهم تصلب الشريان والذين ليست لديهم أعراض المرض. قمنا بالقياس لثلاثين مريضاً (٦٠ شريان).

النتائج:

كان الفرق واضحاً في قياس سمك الشريان السباتي بين المجموعتين. وكانت هناك علاقة مباشرة بين زيادة سمك الشريان السباتي وتصلب الشريان مع زيادة العمر.

الخاتمة:

زيادة سمك الشريان السباتي التي قيست بطريقة غير مؤذية وسالمة بالموجات فوق الصوتية لها علاقة مباشرة بزيادة العمر وتصلب الشرايين.

والقياس بالموجات فوق الصوتية نمط (ب) تعتبر طريقة سهلة وحساسة جداً لتشخيص مبكر ومسح عدد كبير من السكان لمنع عرض الأوعية القلبية.

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