## **DEDICATION**

This work is dedicated to my mother, To the soul of my father And to my family with love

### TABLE OF CONTENTS

	]
Dedication	
List of tables	
List of figures	
Acknowledgments	
Abstract	
Arabic Abstract	
Chapter One:	
Introduction	
Chapter Two:	
2. Literature review	
2.1 Fermented foods	
2.2 Cheese	
2.2.1 Cheese history	
2.2.2 The history of cheese making in Sudan	
2.2.3 Definition of cheese	
2.2.4 Classification of cheese	
2.2.5 Pickled cheeses	
2.2.6 Cheese making in Sudan	
2.2.7 Sudanese white soft cheese (Jibna Beyda)	
2.2.8 Methods of manufacture of Jibna Beyda	
2.2.9 The chemical composition of Jibna Beyda	
2.2.10 Effect of storage on the chemical composition of soft white	
cheese	
2.2.11 Changes in the quality of soft white cheese during storage	
2.2.12. The microbiology of the Sudanese white cheese	
2.2.12.1 Spoilage and pathogenic microorganisms in cheese	
2.2.12.2. Lead	
2.2.13 Sudanese standards of white cheese	
2.2.13.1 Hygienic conditions	
2.2.13.2 Organoleptic description of white cheese	
2.2.13.3 The Composition	
2.3 Packaging	

2.3.1 Definition of packaging	28
2.3.2 Functions of package	29
2.3.3 Basic packaging materials	30
2.3.3.1 Plastics containers	31
2.3.3.1.1. Polypropylene	32
2.3.3.1.1.1. Characteristics	32
2.3.3.1.1.2. Properties	33
2.3.3.2. Metal containers	33
2.3.3.2.1. Tinplate	34
2.3.3.2.2. Soldered and welded cans	37
2.3.3.2.3. Corrosion	37
2.3.3.2.4. Lacquers	38
2.3.4. Cheese packaging	40
2.3.4.1. Cheese packaging in Sudan	45
2.3.4.2. Sudanese standard scheme for white cheese packaging	50
2.3.4.2.1. The terms	50
2.3.4.2.2. Technical conditions (standards)	50
Chapter Three:	
3. Materials and methods	52
3.1. Materials	52
3.1.1. Food materials	52
3.1.2. Packaging containers	52
3.1.2.1. Metal containers	52
3.1.2.2. Plastic containers	52
3.1.3. Chemicals and reagents	56
3.1.4. Atomic absorption spectrophotometer	56
3.1.5. pH meter	56
3.2. Methods	58
3.2.1. Methods of cheese manufacture	58
3.2.2. Preparation of samples for analysis	63
3.2.3. Chemical analysis	64
3.2.3.1. Moisture content	64
3.2.3.2. Ash content	64
3.2.3.3. pH	65
3.2.3.4. Titerable acidity	66
3.2.3.5. Fat content	66
3.2.3.6. Protein content	67
3.2.3.7. Lead content	68
3.2.4. Microbiological examination	68
3.2.4.1. Preparation and sterilization of media and glassware	68

3.2.4.2. Peptone water	69
3.2.4.3. Plate count agar (PCA)	69
3.2.4.4. McConkey broth	69
3.2.4.5. Brilliant green bile broth	69
3.2.4.6. Tryptone broth	69
3.2.4.7. Potato dextrose agar	70
3.2.4.8. Preparation of sample dilution	70
3.2.4.9. Total bacterial viable count	70
3.2.4.10. The most probable number (MPN) of coliform and fecal	
bacteria	71
3.2.4.11. Yeasts and molds count	72
3.2.5. Organoleptic evaluation	72
3.2.6. Statistical analysis	72
Chapter Four:	
4. Results and discussion	74
4.1. Moisture content	74
4.2. Ash content	76
4.3. Fat content	79
4.4. Protein content	82
4.5. pH	85
4.6. Titerable acidity	87
4.7. Lead content	90
4.8. Organoleptic quality of Sudanese white cheese	90
4.9. Total bacterial viable count	101
4.10. Coliform and <i>E.coli</i>	103
4.11. Yeast	107
4.12. Molds	109
Chapter Five:	
5. Conclusions and recommendations	111
5.1 Conclusions	111
5.2 Recommendations	113
References	114
Appendices	126

### LIST OF TABLES

Table  (1) Consul alasses of food and described to a district of steel have	
(1) General classes of food products and types of steel base required	36
(2) Effect of storage period, temperature and type of packaging on moisture content of Sudanese white soft cheese	75
(3) Effect of storage period, temperature and type of packaging on ash content of Sudanese white soft cheese	78
(4) Effect of storage period, temperature and type of packaging on fat content of Sudanese white soft cheese	81
(5) Effect of storage period, temperature and type of packaging on protein content of Sudanese white soft cheese	84
(6) Effect of storage period, temperature and type of packaging on pH of Sudanese white soft cheese	86
(7) Effect of storage period, temperature and type of packaging on acidity of Sudanese white soft cheese	89
(8) Effect of storage period, temperature and type of packaging on Lead content of Sudanese white soft cheese	91
(9) Effect of storage period, temperature and type of packaging on flavour of Sudanese white soft cheese	96
(10) Effect of storage period, temperature and type of packaging on taste of Sudanese white soft cheese	97
(11) Effect of storage period, temperature and type of packaging on colour of Sudanese white soft cheese	98

(12) Effect of storage period, temperature and type of packaging on texture of Sudanese white soft cheese	99
(13) Effect of storage period, temperature and type of packaging on overall acceptability of Sudanese white soft cheese	100
(14) Effect of storage period, temperature and type of packaging on total bacterial viable count of Sudanese white soft cheese	102
(15) Effect of storage period, temperature and type of packaging on Coliform bacterial count of Sudanese white soft cheese	104
(16) Effect of storage period, temperature and type of packaging on <i>E.coli</i> count of Sudanese white soft cheese	106
(17) Effect of storage period, temperature and type of packaging on yeasts count of Sudanese white soft cheese	108
(18) Effect of storage period, temperature and type of packaging on molds count of Sudanese white soft cheese	110

### LIST OF FIGURES

		Fig	Page
(1)	Jibna-Beyda preparation		15
(2)	Plastic Packages		48
(3)	Tinplate Packages		49
(4)	Soundronic-Swiss machine		53
(5)	Tinplate Packages 500gm		54
(6)	Plastic packages 500gm		55
<b>(7)</b>	Atomicabsorption spectrophotometer		57
(8)	Milk Salting		60
(9)	Milk heating to 35°C		60
(10)	Rennet addition		60
(11)	Coagulation	• •	60
(12)	Cutting the curd		61
(13)	Curd moulding		61
(14)	Edges of sakobes overlapped		61
(15)	Curd after whey drainage		61
(16)	Cheese in open plastic packages		62
(17)	Cheese in open metal packages		62
(18)	Cheese in closed metal & plastic packages		62
(19)	The presentation of cheese for Organoleptic		
eval	uation		73
(20)	Cheese stored at $5 \pm 1^{\circ}C$		94
(21)	Cheese stored at $36 \pm 1^{\circ}C$		95

#### **ACKNOWLEDGMENTS**

First and foremost, I am grateful to Allah, for providing me the health and strength till I completed this work.

I would like to express my deep gratitude and sincere appreciation to my supervisor Dr. Yousif Mohamed Ahmed Head Department of Food Science and Technology College of Agricultural Studies, Sudan University of Science & Technology for his keen supervision, assistance to choose the subject of the research, guidance, suggestions and valuable advice during this study.

Also I would like to express my sincere thanks and gratitude to my co-supervisor Dr. Ahmed Khalil Ahmed Department of Animal Production, College of Agricultural Studies, Sudan University of Science & Technology for his interest, suggestions and assistance.

My thanks are due to Department of Food Science & technology, College of Agricultural studies, Sudan University of Science & Technology.

I am very much indebted to Dr. Tag Elsir Khidir Ahmed Department of Animal Products, Food Research Center for his assistance and constructive criticisms and valuable advice during the practical period and preparation of the manuscript.

Special thanks and deep gratitude for Dr. Warda S Abdel Gadir Head Department of Animal Products, Food Research Center for her kind assistance Thanks are extended to staff members of Khartoum Dairy Product Company Ltd. For their help and supplying part of the materials used in the research

My thanks are also extended to Abdel wahab Elsidig, ustaz. Habib Ali Omer and ustaz. Eltaj Mostafa for every possible help they kindly offered. Thanks are also extended to all panellist participated in the sensory evaluation.

I would like to extend my thanks to my friends and members of the Food Research Center for their assistance.

My thanks are extended to the faculty of Agricultural University of Khartoum, Environmental Research Institute- Khartoum, Aza Metal Factory and Mabco Plastic Factory.

I am grateful to my colleagues and friends who have been kind enough to help me during this research and to every body who helped me and I could not mention.

Last but not least I am grateful to my family for their patience and encouragement during the study.

## **ABSTRACT**

This investigation was carried out to evaluate the effect of packaging material (plastic & metal) on the quality of the Sudanese soft white cheese.

Cheese was made from cow's milk using the traditional method; 500 gm of cheese were packaged in each of 16 plastic and 16 metal packages. One half of the packages were stored at room temperature ( $36 \pm 1^{\circ}$  C) and the other half was stored at ( $5\pm1^{\circ}$ C). Cheese samples were analysed at zero time, then after 21, 42, 63 and 84 days of storage. Cheese was analysed for moisture, ash, fat, protein, lead content, acidity and pH. Microbial analysis for total bacterial viable count, coliform, *E.coli*, moulds and yeasts counts were carried out. Cheese samples were organoleptically evaluated for taste, flavour, colour, texture and overall acceptability.

Results showed significantly higher (P<0.05) values for ash and fat content of cheese in metal packages stored at room temperature and at 5°C. Significantly higher (P<0.05) values of moisture content and pH were obtained for cheese in plastic packages, while acidity and protein content were not significantly (P>0.05) affected, compared to metal packages.

Regard less of packaging materials, storage temperature and period significantly (P<0.05) affected the chemical composition of cheese. Cheese stored at room temperature had significantly higher (P<0.05) fat, protein content and acidity, while lower values were obtained for ash, moisture content and pH (P<0.05). Lead was detected in one sample of cheese in metal package after 84 days of storage at room temperature.

Results of microbial analysis showed significant difference (P<0.05) in total bacterial viable count, coliform, E.coli and yeasts counts of cheese in different packaging materials. The highest values were in plastic packages stored at different temperatures, while there was not significantly difference (P>0.05) in moulds count. The total bacterial viable count was significantly (P<0.05) affected by storage temperature, the highest value was at room temperature. However, yeast, moulds, coliform and E.coli counts were not significantly (P<0.05) affected. The total bacterial viable count, yeasts and moulds increased during storage period, while coliform and E.coli counts decreased.

Taste, flavour and overall acceptability of cheese were not significantly (P>0.05) affected by the type of packaging material at the room temperature, yet was significantly (P<0.05) affected at  $5 \pm 1$ °C, where the lowest values were obtained in metal packages. The best flavour, taste and overall acceptability were at day 42 of storage. Texture and flavour of cheese did not show any significant differences (P>0.05) in different types of packaging material. However, storage period significantly (P<0.05) affected these attributes at room temperature, where the highest value were at day 42 of storage, while highest values for texture were at room temperature for.

## بسم الله الرحمن الرحيم

# خلاصة الاطروحة

اجري هذا البحث لدراسة تاثير عبوات الصفيح و البلاسك على جودة الجبنة السودانية البيضاء الطردة.

صنعت الجبن البيضاء بالطرد قة الت قليدية من لبن به قري و تمت تعبئتها في 16 عبوة من الصفيح و 16 عبوة بلاستك (كل عبوة تحتوي 500 جم). تم تخزين نصف عبوات الصفيح و البلاستك عند درجة حرارة 5  $\pm$  1 م و النصف الاخر خزن عند درجة حرارة الغرفة (36  $\pm$  1 م).

اجريت التحاليل للرطوبة والرماد و الدهن والبروتين والحموضة وال PH والرصاص كما اجريت التحاليل المايكروبيولوجية لت قدير العد الكلي للبكتريا وبكتريا الا قولون وبكتريا ال قولون البرازية والخمائر والفطريات اضافة الى الت قييم الحسي (اللون والنكهه والطعم وال قوام وال قبول العام) في اليوم الاول وبعد 21 و 42 و 63 و 84 يوم من التخزين.

اوضحت النتائج ان الجبنة المعبأة في عبوات من الصفيح عند درجة حرارة الغرفة ودرجة  $2\pm 1$  م لها نسبة اعلى من الرماد (P<0.05) (, الدهون (P>0.05) , فيما وجدت نسبة ا قل للرطوبة (P<0.05) (و P<0.05) pH (P<0.05) , فيما وجدت نسبة ا قل للرطوبة (P<0.05) و البروتين لم يتأثرا معنويا وذلك م قارنة بعبوات البلاستك.

اثرت درجة حرارة وفترة التخزين معنويا (P<0.05) ( على التركيب الكيميائي حيث ان الجبنة التي تم تخزينها عند درجة حرارة الغرفة أحتوت على نسبة اعلى من الدهن و البروتين و الحموضة (P<0.05) ( بينما احتوى على نسب اقل من الرطوبة و الرماد و الرقم الهيدروجيني. وجد الرصاص في عبوة صفيح واحدة مخزنة عند درجة حرارة الغرفة بعد 84 يوم من التخزين.

اظهرت نتائج التحليل الميكروبي ان تعبأة الجبن في عبوات من الصفيح و البلاستك له اثر معنوي (P<0.05) (على العدد الكلي للبكتريا و بكتريا الاقولون و بكتريا الاقولون البرازية و الخمائر. اعلى الاقيم كان في عبوات البلاستك . بينما لم يكن هناك أثر معنوي على الاعفان . درجة حرارة التخزين كان لها اثر معنوي (P<0.05) (على العدد الكلي للبكتريا, اعلى الاقيم كانت عند درجة حرارة الغرفة. بينما لم يكن هناك أثر معنوي (P>0.05) (على الاعفان و الخمائر و بكتريا الاقولون و بكتريا الاقولون البرازية. فترة التخزين كان لها اثر معنوي (P>0.05) (على العدد الكلي للبكتريا و بكتريا الاقولون و بكتريا و الخمائر و الخمائر و الاعفان . حيث ازداد العدد الكلي للبكتريا و الخمائر و الاعفان مع الزمن بينما قلت اعداد بكتريا الاقولون و بكتريا الاقولون البرازية.

الطعم و النكهه و ال قبول العام لم يتاثرا معنويا (P>0.05) ( باختلاف العبوات عند درجة حرارة الغرفة بينما تاثرا معنويا (P<0.05) ( عند درجة 5 ± 0.05) محيث أقل قيم كانت في عبوات الصفيح. تأثر الطعم و النكهه و ال قبول العام بفترة التخزين حيث اعلى الرقيم كانت في اليوم 42.

ال قوام و اللون لم يتأثرا معنويا (P>0.05) ( باختلاف العبوات بينما تأثر معنويا (P<0.05) ( بفترة التخزين عند درجة حرارة الغرفة حيث ا قل قيم كانت في اليوم 42. أما الرقوام تأثر معنويا باختلاف درجة الحرارة حيث أعلى الرقيم كانت على درجة حرارة الغرفة.