## Dedication

This work is dedicated to:

My father and mother

Thank you for always keeping me in our prayers, believing in me and supporting my decisions.

My wife and daughter

Which were realized by our loss of precious time together, were for me the most painful.

My sisters and brothers

For taking me in and providing the love, support and comfort that can only come from family

Our friends and colleagues

The people who are help me, to perform this work

To all of them I dedicate this work

Acknowledgements

Best praise to Allah, most merciful for helping me and giving the patience along the life.

I would like to express my gratitude sincerely to my supervisor Prof. Fath Elrahman

Mahdi Hassan Gameel, Professor of Hematology, Faculty of Medical laboratories Sudan

University of Science and Technology for his support, patience, special insights. The

production of this work would not have been possible without his kind help.

I would also like to thank Mr. Salaheldein Gumaa Elzaki National Centre for Research

Tropical Medicine Research Institute, Department of Epidemiology Molecular

Epidemiology laboratory, Khartoum-Sudan for help and consultation in molecular

analysis which perform in this study.

I would also like to thank deepest and earnest gratitude to the nurse's staff of Omdurman

Maternity Hospital who have provided me with enormous helps and supports in my

research. Also I would like to thank all women (patients and healthy) individuals for

participating in this study.

Last but not least I would like to extend my sincere gratitude to my family for their

continual support and unconditional love.

Asaad.M.Ahmed

Ш

#### **Abstract**

The current study is a prospective analytical case control study designed to investigate the relationship between Factor V Leiden G1691A, methyleneterhydrofolate reductase (MTHFR) C677T and to the prothrombin G20210A mutation variant and adverse pregnancy outcomes. The study included hundred Sudanese women who experienced three or more of the adverse pregnancy loss as case group during their reproductive in the Omdurman Maternity Hospital (Sudan) these compared with ninety four control group healthy women with at least more than two normal pregnancies and without any history of adverse pregnancy outcome or recurrent miscarriages during the period from July 2012 to June 2014. The study group data collected using structure questionnaire which was used to collect information about age, parity, medical and obstetric history, smoking, family medical and obstetric history, residency and relative marriage. Blood samples were collected from participants and total genomic DNA was isolated from blood leukocytes and the frequency of these gene mutations in the patients and controls were determined using PCR-restriction fragment length polymorphism then followed by Blood group, PT and PTT.

Results showed: The mutation was detected in 8 out of 100 cases (8.0%) and in 6 out of 94 controls (6.4%) (P- Value > 0.05). In study subjects, the general mutation prevalence of the Prothrombin gene was 3% among cases with (P- Value > 0.05). And there was no any mutant gene detected among control group. The frequency of Heterozygous A/C MTHFR gene was 3.0% in cases with (P- Value > 0.05), there was no mutant gene detected among the controls group. Results showed no significant variations in factor V Leiden, prothrombin G20210A and MTHFR C677T gene mutation distribution among women with RSA and controls.

Prothrombin time (PT) and partial thromboplastin time (PTT) in women RSA in this study were not affected significantly (P > 0.05 and P > 0.05) respectively.

In conclusion the study observed that FV Leiden, FII G20210A mutation and MTHFR C677T do not associated with recurrent spontaneous abortion.

#### المستخلص

الدراسة الحالية هي دراسة متقدمة أجريت كشاهد لكشف علاقة عن هذه الطفرات الجينية لعامل التخثر الخامس V ليدن ,وجين مختزلة ميثيلين تتروهيدروفولات (C 677T), وجين البروثرومبين (G20210A) مع حدوث نتائج الحمل السلبية (مضاعفات الحمل العكسية ), شملت الدراسة مائة امرأة سودانية من اللاتي عانين من ثلاث فاكثر من حالات الاجهاض المتكرر خلال الفترات الانجابية لهن في مستشفي الولادة ام درمان (السودان ),وتمت مقارنة النتائج مع اربعه وتسعين امرأة سودانية صحية خضعت كل واحده منهن على الاقل لاكثر من حالتين ولادة طبيعية ولم يكن لهن أي تاريخ لتعرضهن لحالات اجهاض متكرر او نتائج للحمل السلبي واللاتي اعتبرن كشاهد في هذه الدراسة ,وقد تمت هذه الدراسة في الفترة من شهر يوليو 2012 الى شهر يونيو 2014 ,وقد تم جمع البيانات باستخدام الاستبيان الهيكلي لجمع المعلومات حول العمر ,عدد مرات الانجاب , والتاريخ الطبي للولادة , ثم تم استخلاص الحمض النووي من كل عينة ,وتم الكشف عن هذه الطفرات الجينية باستخدام سلسلة التفاعل المبلمر (PCR) ,وكذلك اختبار تحديد فصائل الدم لكل عينة للمجموعتين المرضية والسليمة ,وكذلك قياس وقت تخثر البروثرومبين ,ووقت تخثر الثرومبوبلاستين . ووفقا لذلك تحصلنا على النتائج الاتية :

فقد تم ايجاد طفرة عامل التخثر الخامس V ليدن G1691A في 8 حالات من اصل 100 حالة من النساء اللتي عانين من حالة الجهاض المتكرر و6 من اصل 94 من السليمات وكانت القيمة الاحصائية هي 0.05 < 9 النساء اللاتي لم يعانين من أي حالة من الاجهاض المتكرر , وكذلك كان معدل انتشار طفرة جين البروثرومبين (G20210A) بنسبة 3% من الحالات المرضية وكانت القيمة الاحصائية هي 0.05 < 9 , ولم تسجل له أي وجود في عينات الحالات السليمة ,وايضا اظهرت النتائج معدل انتشار الطفرة في جين مختزلة ميثيلين تتر اهيدروفولات (C677T) بنسبة 3% من الحالات المرضية للنساء وكانت القيمة الاحصائية هي 0.05 < 9 ولم يتم الكشف لوجود هذه الطفرة في عينات الحالات السليمة , ووجد ايضا ان النساء اللائي يعانين من الاجهاض المتكرر ان زمن تخثر المنشط الجزئي الثرومبوبلاستين وزمن تخثر البروثرومبين قد سجلا قيمتان في المدي الطبيعي لهما وكانت P 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05 < 0.05

وفي ختام دراستنا و ُجد ان الطفرات الجينية لعامل التخثر الخامس V ليدن G1691A ,والبروثرومبين (G20210A) ,وجين مختزلة ميثيلين تترا هيدروفولات (C677T),لا تشكل خطرا مؤثرا يودي لحدوث حالات الاجهاض التلقائي المتكرر لدى النساء خلال الفترات الانجابية .

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### List of abbreviations

aPC	Activated protein C
APCR	Activated protein C resistance
APL	Antiphospholipid antibodies
APS	Anti phospholipid Syndrome
AVP	Abortion-Very-Preterm-birth
BB	Blocking buffer
bp	Base bair
BV	bacterial vaginosis
Ca CL <sub>2</sub>	Calcium chloride
CBS	cystathionine beta synthase
CMV	Human cytomegalovirus
CRS	Congenital rubella syndrome
CRH	Corticotropin-releasing hormone
CYP1A2	Cytochrome P450 1A2
DDIA	Dipstick dye immunoassay
DHEA-S	dehydro epiandrosterone sulfate
DIC	Disseminated intravascular coagulation
DNA	Deoxyribonucleic Acid
DNase	deoxyribonuclease
dNTPs	Deoxynuclioside triphosphate
DVT	Deep vein thrombosis
dTMP	Deoxythymidylate
EDTA	Ethylene diamine tetra acetic acid
dUMP	Deoxyuridylate
ELISA	Enzyme linked immunosorbent assay
FAS	Fetal Alcohol Syndrome
FVL	Factor V Leiden mutation
F11	Factor two
dGTP	Deoxy guanine triphosphate

	Gonadotropin-releasing hormone analog
hCG	Human chorionic gonadotropin
ННСҮ	Hyperhomocystinemia
HLA	Human leukocyte antigen
HPA	hypothalamus-pituitary-adrenals
HSV	Herpes simplex virus
hMG	Human menopausal gonadotropin
IgG	Immunoglobulin G
IgM	Immunoglobulin M
IUFD	Intra-uterine fetal deaths
IUGR	Intrauterine growth restriction
IVF	In vitro fertilization
KD	Kilo Dalton
LAT	Latex agglutination test
LH	luteinizing hormone
Mgcl <sub>2</sub>	Magnesium Chloride
MGD	Mean Gestational Diameter
MTHFR	Methylene tetrahydrofolate reductase
LMWH	Low-molecular-weight Heparin
NTD	Neural tube defects
O.D	Optical Density
PAL-1	Plasminogen activator inhibitor
PAR-1	Protease – activated receptor -1
PC	Protein C
PCOS	Polycystic Ovary syndrome
PCR	Polymerase chain reaction
PE	Preeclampsia
PGD	Preimplantation genetic diagnosis
PGS	Preimplantation genetic screening
PS	Protein S

PTR       Prothrombin ratio time         PTT       Partial thromboplastin time         PVN       paraventricular nucleus         RCT       Randomized controlled trail         RFLP       Restriction fragment Length Polymorphism         RPL       Repeated pregnancy loss         RNase       Ribonuclease         RPOC       retained products of conception         RSA       Recurrent spontaneous abortion         RM       Recurrent miscarriage         SDS       Sodium Dodecyl Sulfate         SNPs       single-nucleotide polymorphisms         dTT       Deoxy Thymine Triphosphate         TBE       Tris-borate         TE       Thromboembolic         TE       Thromboembolic         TE buffer       Tris-EDTA buffer         Th-1       T- helper -1         Th-2       T-helper-2         TMB       Tetramethylbenzidine         TNFα       Tumor necrosis factor alpha         t PA       tissue plasminogen activator         UV       Ultraviolet         TPO       thyroid neroxidase	PT	Prothrombin time
PVN paraventricular nucleus  RCT Randomized controlled trail  RFLP Restriction fragment Length Polymorphism  RPL Repeated pregnancy loss  RNase Ribonuclease  RPOC retained products of conception  RSA Recurrent spontaneous abortion  RM Recurrent miscarriage  SDS Sodium Dodecyl Sulfate  SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	PTR	Prothrombin ratio time
RCT Randomized controlled trail  RFLP Restriction fragment Length Polymorphism  RPL Repeated pregnancy loss  RNase Ribonuclease  RPOC retained products of conception  RSA Recurrent spontaneous abortion  RM Recurrent miscarriage  SDS Sodium Dodecyl Sulfate  SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	PTT	Partial thromboplastin time
RFLP Restriction fragment Length Polymorphism RPL Repeated pregnancy loss RNase Ribonuclease RPOC retained products of conception RSA Recurrent spontaneous abortion RM Recurrent miscarriage SDS Sodium Dodecyl Sulfate SNPs single-nucleotide polymorphisms dTT Deoxy Thymine Triphosphate TBE Tris-borate TE Thromboembolic TE buffer Tris-EDTA buffer Th-1 T- helper -1 Th-2 T-helper-2 TMB Tetramethylbenzidine TNFα Tumor necrosis factor alpha t PA tissue plasminogen activator UV Ultraviolet	PVN	paraventricular nucleus
RPL Repeated pregnancy loss RNase Ribonuclease RPOC retained products of conception RSA Recurrent spontaneous abortion RM Recurrent miscarriage SDS Sodium Dodecyl Sulfate SNPs single-nucleotide polymorphisms dTT Deoxy Thymine Triphosphate TBE Tris-borate TE Thromboembolic TE buffer Tris-EDTA buffer Th-1 T- helper -1 Th-2 T-helper-2 TMB Tetramethylbenzidine TNFa Tumor necrosis factor alpha t PA tissue plasminogen activator UV Ultraviolet	RCT	Randomized controlled trail
RNase Ribonuclease RPOC retained products of conception RSA Recurrent spontaneous abortion RM Recurrent miscarriage SDS Sodium Dodecyl Sulfate SNPs single-nucleotide polymorphisms dTT Deoxy Thymine Triphosphate TBE Tris-borate TE Thromboembolic TE buffer Tris-EDTA buffer Th-1 T- helper -1 Th-2 T-helper-2 TMB Tetramethylbenzidine TNFα Tumor necrosis factor alpha t PA tissue plasminogen activator UV Ultraviolet	RFLP	Restriction fragment Length Polymorphism
RPOC retained products of conception  RSA Recurrent spontaneous abortion  RM Recurrent miscarriage  SDS Sodium Dodecyl Sulfate  SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	RPL	Repeated pregnancy loss
RSA Recurrent spontaneous abortion  RM Recurrent miscarriage  SDS Sodium Dodecyl Sulfate  SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	RNase	Ribonuclease
RM Recurrent miscarriage  SDS Sodium Dodecyl Sulfate  SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNF\alpha Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	RPOC	retained products of conception
SDS Sodium Dodecyl Sulfate  SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	RSA	Recurrent spontaneous abortion
SNPs single-nucleotide polymorphisms  dTT Deoxy Thymine Triphosphate  TBE Tris-borate  TE Thromboembolic  TE buffer Tris-EDTA buffer  Th-1 T- helper -1  Th-2 T-helper-2  TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	RM	Recurrent miscarriage
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	SDS	Sodium Dodecyl Sulfate
$TBE \qquad Tris-borate \\ TE \qquad Thromboembolic \\ TE buffer \qquad Tris-EDTA buffer \\ Th-1 \qquad T- helper -1 \\ Th-2 \qquad T-helper-2 \\ TMB \qquad Tetramethylbenzidine \\ TNF\alpha \qquad Tumor necrosis factor alpha \\ t PA \qquad tissue plasminogen activator \\ UV \qquad Ultraviolet$	SNPs	single-nucleotide polymorphisms
TE	dTT	Deoxy Thymine Triphosphate
TE buffer  Tris-EDTA buffer  Th-1  T- helper -1  Th-2  Thelper-2  TMB  Tetramethylbenzidine  TNFα  Tumor necrosis factor alpha  t PA  tissue plasminogen activator  UV  Ultraviolet	TBE	Tris-borate
Th-1       T- helper -1         Th-2       T-helper-2         TMB       Tetramethylbenzidine         TNFα       Tumor necrosis factor alpha         t PA       tissue plasminogen activator         UV       Ultraviolet	TE	Thromboembolic
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TMB Tetramethylbenzidine  TNFα Tumor necrosis factor alpha  t PA tissue plasminogen activator  UV Ultraviolet	Th-1	T- helper -1
TNFα Tumor necrosis factor alpha t PA tissue plasminogen activator UV Ultraviolet	Th-2	T-helper-2
t PA tissue plasminogen activator  UV Ultraviolet	TMB	Tetramethylbenzidine
UV Ultraviolet	TNFα	Tumor necrosis factor alpha
	t PA	tissue plasminogen activator
TPO thyroid peroxidase	UV	Ultraviolet
myroid peroxidase	TPO	thyroid peroxidase
Va Factor V Activated	Va	Factor V Activated
VIIIa Factor VIII Activated	VIIIa	Factor VIII Activated
VTE Venous thrombotic embolism	VTE	Venous thrombotic embolism
WHO World Health Organization	WHO	World Health Organization