

“In the name of Allah, the gracious, the merciful”

Abstract

The aim of this research study was to design program for the guidance and psychological counseling and to know the psychological effects and social effects of the counseling and guidance over patients of HIV \ AIDS in Khartoum State, to find how such practice might affect the psychological and social compatibility.

The researcher followed the descriptive and semi – experimental methods of research:

The group to be studied was chosen from among HIV \ Aids patients in Khartoum State from both sexes.

The sample of the study was composed of (100) patients from both sexes, with ages ranging between (18 — 60) years. This number was divided into two equal groups of (50) persons each. One group was the experimental while the other was the control, and individuals were chosen according to specific criteria and characteristics.

Means and methods used in the study include the following:

- Ratios and percentages as indicators.
- The medium of calculation.
- The Standard deviation.

- T. Test.
- The linking coefficient.
- The computer was used in relation to the Statistical Packages for Social Sciences (SPSS) Statistical Package For Social Sciences.

The study reached to the following results:-

١ - Lack of no statistical differences among HIV \ Aid patients from both sexes in relation to psychological and social compatibility.

٢ - After the implementation of the psychological guidance program among the research group, results indicated statistical differences between the individuals of the research sample and those of the control group with benefit and positive effect in the later.

٣ - The study showed that there were no differences among the control group in the psychological and social compatibility related to situation before and after.

٤ - The study showed that there was differences concerning the psychological and social compatibility among patients of HIV \ Aids in the study experimental group, hence showing the effectiveness of the counseling and psychological guidance program.

٥ - The study showed no statistical difference between the males and females in relation to the psychological and social compatibility.

٦ - The study showed that the a married of patients of HIV \ AIDS are more compatible psychologically and socially, and they adapt themselves more positively with the disease, in comparison with the unmarried of patients of HIV \ AIDS . This fact is based on the differences in the statistical indicators showed by the measurement of the psychological and social compatibility was shown in the study .