Nutritional Value of Doum Fruits and It's Effect on patients with High Blood Pressure
القيمة الغذائية لثمار الدوم ومدى تأثيرها على مرضى ارتفاع ضغط الدم

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بسم الله الرحمن الرحيم

قال تعالى:

(وَهُوَ الَّذِي أَنزَلَ مِنَ السَّمَاءِ مَاءً فَآخَرَجْنَاهُ بِتَابٍ كُلٍّ شَيْءٍ فَآخَرَجْنَا مِنْهُ خَضْرًا تُخْرِجُ مِنْهُ حَبّاً مَّتَراَكِبًا وَمِنَ النَّخلِ مِن طُبُعِهَا قَتَوَانَ ذَانِيَةً وَجِنَاتٍ مِّنْ أَعْنَابٍ وَلَزَيْدٍ وَرَزْمَانِ مُشْتَهِيَّاتٍ وَغَيْرَ مُتَشَابِهِ انظُرُوا إِلَيْهِ مَثَرٌ إِذَا أَتَّمَّ وَيَبْعِثُ إنَّهُ فِي ذَلِكَ مُثَابَاتٌ لِّقُوْمٍ يُؤْمِنُونَ)

صدق الله العظيم

سورة الأنعام الآية (99)
DEDICATION

To my Family,

Teachers

and Friends ...

With respect.
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