Appendices

Appendix (I): Data collection sheet

Study of Sickle Cell Disease Impact in Kidneys Morphology and Physiology using Ultrasonography

| A | B   | C    | D | E | F  | G   | H | I | J | K   | L | M | N | O | P | Q | R | S | T | U | V |
|---|-----|------|---|---|----|-----|---|---|---|-----|---|---|---|---|---|---|---|---|---|---|---|---|
| No | Gender | Age | Height | Weight | BMI | Tripe | FH | Rt K length | Rk width | Thicl Rk vol | RRA-RI | RRA-PI | Echo | Lt K length | Lt K width | Thicl Lt K vol | LRA-RI | LRA-PI | Echo |

BMI: Body mass index
FH: Family history
Rt K length: Right kidney length
Rt K width: Right kidney width
Rt K Thick: Right kidney thickness
Rt K vol: Right kidney volume
RRA-RI: Right renal artery resistive index
RRA-PI: Right renal artery pulsatility index
Lt K length: Left kidney length
Lt K width: Left kidney width
Lt K Thick: Left kidney thickness
Lt K vol: Left kidney volume
LRA-RI: Left renal artery resistive index
LRA-PI: Left renal artery pulsatility index
Echo: Echogenicity
Impact of Sickle Cell Disease in Renal Arteries Blood Flow Indices Using Ultrasonography

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Abstract: The aim of this study was to evaluate the impact of sickle cell disease (SCD) on renal arteries blood flow indices by using of color Doppler ultrasonography (CDU) in addition to relationships with age and body mass index (BMI). The method adapted was an experimental study among a sample consists of 115 SCD patients and 100 as control group. CDU of the main renal and segmental arteries performed among all patients and controls. All the patients were scanned in stable state condition. The results analysis carried out by EXCELL software for the collected variables which revealed that the patients showed higher resistivity index RI and pulsatility index PI than control subjects (for patients: 0.8 & 1.5 and 0.7 & 1.4 for control group. The significant positive correlation between RI and age (r = 0.194, and r = 0.051) for patients and control group respectively in the right renal artery and as well the RI correlated proportionally with BMI (r=0.53) for patients and (r=0.05) for control group.

Keywords: Dopplers, Sonography, Pulsatilty, Resistivity, Sickle-Cell, Disease
The Sonographic Assessment of Kidneys in Patients with Sickle Cell Disease

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Abstract
Sickle cell disease is a hereditary disorder of hemoglobin affecting several abdominal organs and still remaining a health problem. The objective of this study is to assess the renal echogenicity and volume and ascertain the correlation with the duration of disease. Materials and methods: In a cross sectional study, 77 patients with sickle cell disease in West of Sudan were studied by ultrasound from the period of February to November 2016. The patients were scanned with 3.5 MHz probe, renal length, volume and echogenicity were assessed.

Results: The Sickle cell disease was common in female higher than male (42 vs. 35). The renal size and echogenicity were raised in association with sickle cell disease. The duration of the disease had significant impact on renal size length and echogenicity, p-value = 0.00.

Conclusion: Renal size and echogenicity were raised in proportion to duration of sickle cell disease. The left kidney was more enlarged and hypoechoic than the right kidney. Early sonographic assessment of renal volume and echogenicity is useful for predicting renal diseases in patients with sickle cell diseases.

Keywords: Sonographic; Assessment; Kidneys; Sickle Cell Disease

Abbreviations: SCD: Sickel Cell Disease; Rt: Right; Lt: Left; HS: Hemoglobin S

Introduction
Sickle cell disease (SCD) is a hereditary disorder caused by...
Appendix III: Ultrasound Images

**Image 1.** Normal size and echogenicity of right kidney in 11 years old male patient with sickle cell disease

**Image 2.** 7 year old male patient with sickle cell disease shows increased size & echogenicity of the left kidney.

**Image 3.** 13 years old male patient with sickle cell disease shows normal size and echogenicity of the right kidney.

**Image 4.** 4 years old female with normal size and echogenicity of right kidney.
Image 5. 16 years old male patient with SCD shows slightly changes in the right kidney texture.

Image 6. 9 years old male patient with normal size & shape of the left kidney.

Image 7. 3 years old male patient with SCD shows slightly changes in the right kidney texture.

Image 8. 8 years old male patient with SCD shows enlarged left kidney with increased echogenicity.
**Image 9.** 3 years old female patient with normal size & shape of the left kidney.

**Image 10.** 5 years old male patient with SCD shows high RI & PI of right renal artery.

**Image 11.** 13 years old male patient with SCD shows normal RI & PI of right renal artery.

**Image 12.** 21 years old female patient shows normal RI & PI of right renal artery.
Image 13. 19 years old male patient with SCD shows normal RI & PI of right segmental artery.

Image 14. 7 years old male patient with normal RI & PI of right renal artery.

Image 15. 6 years old male patient shows normal RI & PI of left renal artery.

Image 16. 17 years old female patient with SCD shows high RI & PI of left renal artery.
Image 17. 20 years old female patient shows normal RI & PI of left renal artery.

Image 18. 10 years old male patient shows normal RI & PI of left renal artery.

Image 19. 7 years old female patient with SCD shows normal RI & PI of left renal artery.

Image 20. 14 years old female patient with SCD shows high RI & PI of left renal artery.