

Triiodothyronine

200 tests

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• Indicates analyzers on which the kit can be used

cobas e 601	cobas e 411	MODULAR ANALYTICS E170	Elecsys 2010	Elecsys 1010
•	•	•	•	•

English

Intended use

Immunoassay for the in vitro quantitative determination of total triiodothyronine in human serum and plasma. The electrochemiluminescence immunoassay "ECLIA" is intended for use on Elecsys and **cobas e** immunoassay analyzers.

Summary

Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organs.

T3 (3,5,3'-triiodothyronine) is mainly for medical extrathyroidally, particularly in the liver, by enzymatic 5'-deiodination of T4. Accordingly, the T3 concentration in serum is more a reflection of the functional state of the peripheral tissue than the secretory performance of the thyroid gland.

A reduction in the conversion of T4 to T3 results in a decrease in the T3 concentration. It occurs under the influence of medicaments such as propranolol, glucocorticoids or amiodarone and in severe non-thyroidal illness (NTI), and is referred to as "low T3 syndrome". As with T4, over 99 % of T3 is bound to transport proteins. However, the affinity of T3 to them is around 10-fold lower. 1,2,3,4

The determination of T3 is utilized in the diagnosis of T3-hyperthyroidism, the detection of early stages of hyperthyroidism and for indicating

a diagnosis of thyrotoxicosis factitia. 5,6,7

The Elecsys T3 assay employs a competitive test principle with polyclonal antibodies specifically directed against T3. Endogenous T3, released by the action of 8-anilino-1-naphthalene sulfonic acid (ANS), competes with the added biotinylated T3-derivative for the binding sites on the antibodies labeled with the ruthenium complex^a.

a) $\text{Tris}(2,2'\text{-bipyridyl})\text{ruthenium(II)-complex (Ru(bpy)}_3^{2+})$

Test principle

Competition principle. Total duration of assay : 18 minutes.

- 1st incubation: 30 µL of sample and a T3-specific antibody labeled with a ruthenium complex; bound T3 is released from the binding proteins in the sample by ANS.
- 2nd incubation: After addition of streptavidin-coated microparticles and biotinylated T3, the still-free binding sites of the labeled antibody become occupied, with formation of an antibody-hapten complex. The entire complex becomes bound to the solid phase via interaction of biotin and streptavidin.
- The reaction mixture is aspirated into the measuring cell where the microparticles are magnetically captured onto the surface of the electrode. Unbound substances are then removed with ProCell. Application of a voltage to the electrode then induces chemiluminescent emission which is measured by a photomultiplier.
- Results are determined via a calibration curve which is instrument-specifically generated by 2-point calibration and a master curve provided via the reagent barcode.

Reagents - working solutions

M	Streptavidin-coated microparticles (transparent cap), 1 bottle, 12 mL: Streptavidin-coated microparticles 0.72 mg/mL; preservative.
R1	Anti-T3-Ab-Ru(bpy) ₃ ²⁺ (gray cap), 1 bottle, 16 mL: Polyclonal anti-T3-antibody (sheep) labeled with ruthenium complex 75 ng/mL; ANS 0.8 mg/mL; phosphate buffer 100 mmol/L, pH 7.4; preservative.
R2	T3-biotin (black cap), 1 bottle, 16 mL: Biotinylated T3 3 ng/mL; ANS 0.8 mg/mL; phosphate buffer 100 mmol/L, pH 7.4; preservative.

Precautions and warnings

For in vitro diagnostic use.

Exercise the normal precautions required for handling all laboratory reagents. Disposal of all waste material should be in accordance with local guidelines. Safety data sheet available for professional user on request.

Avoid the formation of foam with all reagents and sample types (specimens, calibrators, and controls).

Reagent handling

The reagents in the kit have been assembled into a ready-for-use unit that cannot be separated.

All information required for correct operation is read in via the respective reagent barcodes.

Storage and stability

Store at 2-8 °C.

Store the Elecsys T3 reagent kit **upright** in order to ensure complete availability of the microparticles during automatic mixing prior to use. Stability:

up to the stated expiration date	unopened at 2-8 °C
12 weeks	after opening at 2-8 °C
8 weeks	on MODULAR ANALYTICS E170 and cobas e 601
8 weeks	on Elecsys 2010 and cobas e 411
8 weeks (stored alternately in the refrigerator and on the analyzer - ambient temperature 20-25 °C; up to 20 hours opened in total)	on Elecsys 1010

Specimen collection and preparation

Only the specimens listed below were tested and found acceptable. Serum collected using standard sampling tubes or tubes containing separating gel.

Li⁺, Na⁺, NH₄⁺, heparin, K₃-EDTA, sodium citrate, and sodium fluoride/potassium oxalate plasma.

Criterion: Recovery within 90-110 % of serum value or slope 0.9-1.1 + intercept within $\pm 2 \times$ analytical sensitivity (LDL) + coefficient of correlation > 0.95. Stable for 7 days at 2-8 °C, 1 month at -20 °C. Freeze only once.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer. Centrifuge samples containing precipitates before performing the

assay. Do not use heat-inactivated samples. Do not use samples and controls stabilized with azide.

Ensure the patients' samples, calibrators, and controls are at ambient temperature (20-25 °C) before measurement.

Because of possible evaporation effects, samples, calibrators, and controls on the analyzers should be measured within 2 hours.

Materials provided

See "Reagents - working solutions" section for reagents.

Materials required (but not provided)

- Cat. No. 117315 48122, T3 CalSet, for 4 x 1 mL
- Cat. No. 11731416122, PreciControl Universal, for 2 x 3 mL each of PreciControl Universal 1 and 2 or Cat. No. 11731416190, PreciControl Universal, for 2 x 3 mL each of PreciControl Universal 1 and 2
- Cat. No. 11731416160, PreciControl Universal, for 2 x 3 mL each of PreciControl Universal 1 and 2 (for USA)
- General laboratory equipment
- Elecsys 1010/2010, MODULAR ANALYTICS E170 or **cobas e** analyzer

Accessories for Elecsys 1010/2010 and **cobas e 411** analyzers:

- Cat. No. 11662988122, ProCell, 6 x 380 mL system buffer



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- Cat. N o. 11662970122, CleanCell, 6 x 380 mL measuring cell cleaning solution
- Cat. N o. 11930346122, Elecsys SysWash, 1 x 500 mL washwater additive
- Cat. N o. 11933159001, Adapter for SysClean
- Cat. N o. 11706829001, Elecsys 1010 AssayCup, 12 x 32 reaction vessels
- Cat. N o. 11706799001, Elecsys 2010 AssayTip, 30 x 120 pipette tips

Accessories for MODULAR ANALYTICS E170 and **cobas e** 601 analyzers:

- Cat. N o. 04880340190, ProCell M, 2 x 2 L system buffer
- Cat. N o. 04880293190, CleanCell M, 2 x 2 L measuring cell cleaning solution
- Cat. N o. 12135027190, CleanCell M, 1 x 2 L measuring cell cleaning solution (for USA)
- Cat. N o. 03023141001, PC/CC-Cups, 12 cups to prewarm ProCell M and CleanCell M before use
- Cat. N o. 03005712190, ProbeWash M, 12 x 70 mL cleaning solution for run finalization and rinsing during reagent change
- Cat. N o. 12102137001, AssayTip/AssayCup Combimagazine M, 48 magazines x 84 reaction vessels or pipette tips, waste bags
- Cat. N o. 03023150001, WasteLiner, waste bags
- Cat. N o. 03027651001, SysClean Adapter M

Accessories for all analyzers:

- Cat. N o. 11298500316, Elecsys SysClean, 5 x 100 mL system cleaning solution

Only available in the USA:

- Cat. N o. 11776690160, Elecsys T3 CalCheck, 3 concentration ranges

Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

Resuspension of the microparticles takes place automatically before use. Read in the test-specific parameters via the reagent barcode. If in exceptional cases the barcode cannot be read, enter the 15-digit sequence of numbers.

MODULAR ANALYTICS E170, Elecsys 2010 and **cobas e** analyzers: Bring the cooled reagents to approx. 20 °C and place on the reagent disk (20 °C) of the analyzer. Avoid the formation of foam. The system **automatically** regulates the temperature of the reagents and the opening/closing of the bottles. Elecsys 1010 analyzer: Bring the cooled reagents to approx. 20-25 °C and place on the sample/reagent disk of the analyzer (ambient temperature 20-25 °C). Avoid the formation of foam.

Open bottle caps **manually** before use and **close manually** after use. Store at 2-8 °C after use.

Calibration

Traceability: This method has been standardized against reference standards by weighing T3 into analyte-free human serum matrix.

Every Elecsys T3 reagent set has a barcoded label containing the specific information for calibration of the particular reagent lot. The predefined master curve is adapted to the analyzer by the use of Elecsys T3 CalSet.

Calibration frequency: Calibration must be performed once per reagent lot using fresh reagent (i.e. not more than 24 hours since the reagent kit was registered on the analyzer). Renewed calibration is recommended as follows:

MODULAR ANALYTICS E170, Elecsys 2010 and **cobas e** analyzers:

- after 1 month (28 days) when using the same reagent lot
- after 7 days (when using the same reagent kit on the analyzer)

Elecsys 1010 analyzer:

- with every reagent kit
- after 7 days (ambient temperature 20-25 °C)
- after 3 days (ambient temperature 25-32 °C)

For all analyzers:

- as required: e.g. quality control findings outside the specified limits

Quality control

For quality control, use Elecsys PreciControl Universal 1 and 2. Other suitable control material can be used in addition.

Controls for the various concentration ranges should be run as single determinations at least once every 24 hours when the test is in use, once

per reagent kit, and after every calibration. The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits.

Each laboratory should establish corrective measures to be taken if values fall outside the limits.

Follow the applicable government regulations and local guidelines for quality control.

Calculation

The analyzer automatically calculates the analyte concentration of each sample (either in nmol/L, ng/mL or ng/dL).

Conversion factor s:

$$\begin{aligned} \text{nmol/L} \times 0.651 &= \text{ng/mL} \\ \text{nmol/L} \times 65.09998 &= \text{ng/dL} \\ \text{ng/mL} \times 1.536 &= \text{nmol/L} \end{aligned}$$
Limitations - interference

The assay is unaffected by icterus (bilirubin < 599 µmol/L or < 35 mg/dL), hemolysis (Hb < 1.2 mmol/L or < 2.0 g/dL), lipemia (Intralipid < 1800 mg/dL), and biotin < 40.9 nmol/L or < 10 ng/mL.

Criterion: Recovery within ± 10 % of initial value.

In patients receiving therapy with high biotin doses (i.e. > 5 mg/day), no sample should be taken until at least 8 hours after the last biotin administration.

No interference was observed from rheumatoid factors up to a concentration of 1500 IU/mL and samples from dialysis patients. In vitro tests were performed on 26 commonly used pharmaceuticals. No interference with the assay was found.

Therapy with amiodarone can lead to depressed T3 values.

Phenytoin, phenylbutazone, and salicylates cause release of T3 from the binding proteins, thus leading to a reduction in the total T3

hormone level at normal fT3 levels.

Autoantibodies to thyroid hormones can interfere with the assay. Binding protein anomalies seen with FDH (familial dysalbuminemic

hyperthyroxinemia), for example, may cause values which, while characteristic of the condition, deviate from the expected results.

Pathological concentrations of binding proteins (TBG, albumin) can lead to total T3 values outside the normal range being found despite a euthyroid metabolic state (e.g. in NTI-patients, pregnancy, use of oral contraceptives). In such cases a fT3 or fT4 determination is indicated.

In rare cases, interference due to extremely high titer of antibodies to analyte-specific antibodies, streptavidin or ruthenium can occur. These effects are minimized by suitable test design.

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

b) NTI = non thyroidal illness

Measuring range

0.300-10.00 nmol/L or 0.195-6.51 ng/mL (defined by the lower detection limit and the maximum of the master curve). Values below the detection limit are reported as < 0.300 nmol/L or < 0.195 ng/mL. Values above the measuring range are reported as > 10.00 nmol/L or > 6.51 ng/mL.

Dilution

Not necessary due to the broad measuring range.

Expected values

1.3-3.1 nmol/L or 0.8-2.0 ng/mL: euthyroid

The values correspond to the 2.5th and 97.5th percentiles of findings from a total of 514 healthy test subjects.

Status: MCE Elecsys 2010, status 1996, verified 1st quarter 1998

For detailed information about reference intervals in children, adolescents and pregnant women, refer to the brochure "Reference Intervals for Children and Adults", Cat. N o. English: 04640292, German: 04625889.

This booklet also contains results of a detailed study about influencing factors on thyroid parameters in a well characterized reference group of adults. Different inclusion and exclusion criteria were applied (e.g. sonographic results (thyroid volume and density) as well as criteria according to the guidelines of the National Academy of Clinical Biochemistry - NACB).

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.



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Specific performance data

Representative performance data on the analyzers are given below.
Results obtained in individual laboratories may differ.

Precision

Reproducibility was determined using Elecsys reagents, pooled human sera, and controls in a modified protocol (EP5-A) of the N CCLS (National Committee for Clinical Laboratory Standards); 6 times daily for 10 days (n = 60); within-run precision on MODULAR ANALYTICS E170 analyzer, n = 21. The following results were obtained:

Elecsys 1010/2010 and cobas e 411 analyzers									
Total precision			Within-run precision			Mean		Sample	
CV	SD		CV	SD		Mean		Sample	
%	ng/mL	nmol/L	%	ng/mL	nmol/L	ng/mL	nmol/L		
5.4	0.05	0.07	3.6	0.03	0.04	0.79	1.22	HS ^c 1	
4.7	0.09	0.14	4.2	0.08	0.12	1.87	2.87	HS 2	
5.4	0.18	0.27	5.3	0.18	0.27	3.31	5.09	HS 3	
4.8	0.07	0.10	4.1	0.06	0.09	1.38	2.12	PC U ^d 1	
4.1	0.17	0.26	3.5	0.14	0.22	4.11	6.31	PC U2	

c) HS = human serum

d) PC U = PreciControl Universal

MODULAR ANALYTICS E170 and cobas e 601 analyzers									
Total precision					Within-run precision				
CV	SD		Mean		CV	SD		Mean	
%	ng/mL	nmol/L	ng/mL	nmol/L	%	ng/mL	nmol/L	ng/mL	nmol/L
4.5	0.04	0.06	0.80	1.24	3.1	0.02	0.04	0.77	1.19
3.4	0.05	0.08	1.49	2.28	2.2	0.03	0.05	1.41	2.16
3.7	0.17	0.26	4.61	7.08	1.5	0.07	0.11	4.45	6.83
3.4	0.05	0.08	1.58	2.42	1.3	0.02	0.03	1.54	2.36
3.4	0.13	0.20	3.78	5.81	1.3	0.05	0.07	3.79	5.83

Analytical sensitivity (lower detection limit)

0.300 nmol/L or 0.195 ng/mL

The lower detection limit represents the lowest analyte level that can be distinguished from zero.

Method comparison

A comparison of the Elecsys T3 assay (y) with the Enzymun-Test T3 method (x) using clinical samples gave the following correlations (nmol/L): Number of samples measured: 300

$$\begin{aligned} \text{Linear regression} & \quad \text{Passing/Bablok}^{10} \\ y &= 1.18x - 0.35 & y &= 1.26x - 0.56 \\ r &= 0.957 & r &= 0.754 \end{aligned}$$

The sample concentrations were between approx. 0.5 and 9 nmol/L (0.3 and 5.9 ng/mL).

Analytical specificity

For the antibody derivative used, the following cross-reactivities were found: D-T3 100 %; L-T4 < 0.16 %; D-T4 < 0.16 %; L-rT3 < 0.04 %; L-T2 < 1.0 %; 3,3',5-triiodothyroacetic acid 106 %; 3,3',5,5'-tetraiodothyroacetic acid < 0.01 %.

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For further information, please refer to the appropriate operator's manual for the analyzer concerned, the respective application sheets, the product information, and the package inserts of all necessary components.

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