

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قال تعالى في محكم تنزيله :

( إِنَّمَا أَمْرُهُ إِذَا أَرَادَ شَيْئًا  
أَنْ يَقُولَ لَهُ كُنْ فَيَكُونُ \*  
فَسُبْحَانَ الَّذِي فِي يَدَيْهِ مَلَكُوتُ كُلِّ  
شَيْءٍ وَإِلَيْهِ تُرْجَعُونَ ]

" صدق الله العظيم "

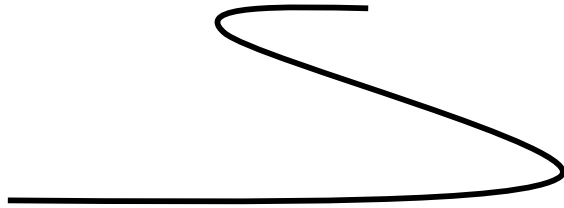
سورة يس : الآية (٨٢-٨٣)

# DEDICATION

*To the soul of my parents, I still miss you every day more than the day before.*

*To my small family my husband, daughter and son with love.*

*To my sisters and brothers.*



Amani

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## **Abstract**

This study aims to shed light on the social change impact on families headed by female in the Sudanese community.

This study has been conducted in Omdurman city, during the period between, June 2011 - to July 2014.

The study examined the multiple social and economic roles of female headed families, and the importance of these roles in decision making and socialization of the children. The study also focused on the community perception towards families headed by females.

Data was collected through primary and secondary sources. The primary data was collected through the snow ball sampling of female worker and heads of their families'. The questionnaire was a tool through which the researcher gather the preliminary data (quantitative), in addition to the in depth interview (qualitative). The researcher analyzed the data of the study by using the Statistical Package for Social Sciences (SPSS). While secondary sources are collected through relevant information to the subject of research, that are obtained by previous studies, references and the Internet.

The results showed that the majority of these female are decision makers with respect to all activities related to the daily life of the family, through the provision of economic and social needs The results also showed that females as heads of their families in this study played prominent role in the upbringing of their children socially, which is reflected through the continuous guidance and following them in schools and encourage them to integrate into society.

It was clear from the results of the analysis to what extent do female-heads of families live under the pressure of social and economic life, as a result of several reasons forced them to be head for their families, these reasons, include; death of a spouse, divorce, disability, or immigration.

The study found that, despite the ongoing pressures, we find that these female adhere to their work, and work very hard, and almost take all the responsibilities of family management and the management of its affairs in a wise and good vision, helped in this by cooperation of sons, daughters, sisters and some relatives.

The study also found that, there were some negative impacts on women's health, due to the roles they played in headed their families.

Finally the research argues that, the study of female headed families' adequacy understands the situation of women in general and the female headed family in Omdurman in particular.

## خلاصة البحث

تتناول هذه الدراسة اثر التغيير الاجتماعي للاسر التي تعولها امراة في المجتمع السوداني دراسة حالة مدينة امدرمان . اجريت هذه الدراسة قي الفترة من يونيو ٢٠١١-الي يوليو ٢٠١٤ .

تهدف هذه الدراسة الي : القاء الضؤ الادوار المتعددة للمرأة التي تعول الاسره. واهمية دور الاسرة في صنع القرار والتنشئة الاجتماعية للابناء . واهتمت الدراسة ايضا بنظرة المجتمع للمرأة كعائلة للاسرة

تم اختيار عينه عن طريق كرة الثلج شملت النساء العاملات والمعيلات لاسرهن، عن طريق الاستبيان كاداة لجمع المعلومات الاوليه ، والمقابلات . ولقد تم تحليل هذه المعلومات الاوليه او الاساسية للدراسة عن طريق استخدام برنامج الحزم الاحصائية للعلوم الاجتماعية . كما تم جمع المصادر الثانوية ذات الصلة بموضوع البحث والتي تحصل عليها الباحث من الدراسات السابقة ، المراجع والانترنت .

اوضحت النتائج ان غالبية افراد العينة صاحبات قرار فيما يتعلق باسرهن وذلك انعكس من خلال ادارتهن لجميع الانشطة المتعلقة بالحياة اليومية للاسرة ، من خلال توفير احتياجات البيت الاقتصادية والادوار الاجتماعية الاخرى. كما اوضحت النتائج ان النساء المعيلات في هذه الدراسة يقمن بدور بارز في تنشئة ابنائهن اجتماعيا والذي ينعكس من خلال التوجيه والارشاد المستمر ومتابعتهن في المدارس وتشجيعهن للاندماج في المجتمع.

وقد وضح من نتائج التحليل الي اي مدي تعيش النساء الاثي يعلن اسرهن تحت وطاة ضغوط الحياة الاقتصادية والاجتماعية نتيجة لعدة اسباب دفعت بهن لان يكن العائلات لاسرهن منا موت الزوج ، الطلاق، الاعاقة ، او الهجرة.

توصلت الدراسة الي انه وبالرقم الضغوط المستمرة نجد ان هؤلاء النساء متماسكات ويضلعن تقريبا بكافة مسؤوليات ادارة الاسرة وتديبر شؤونها بحكمة ورؤية.يساعدهن في ذلك تعاون ابنائهن وبعض الاقارب .

كما خلصت الدراسة ايضا الي وجود بعض التأثيرات السالبة علي صحة المرأة العائلة للاسرة بسبب ضغط المسؤوليات .



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# LIST OF ABBREVIATIONS

Abbreviation	
FHF	Females headed families
SPSS	Statistical Package for social sciences
ILO	International labor organization
UNDP	United Nation Development Program
FHHS	Female Headed Households
MHHS	Male headed Households
IFAD	International Fund for Agricultural development